

Superintendent Notes

by Mike Davis



Tom Osborne Addresses Students



To kick off the Sterling TeamMates Mentoring Program, Dr. Tom Osborne addressed the students and staff on January 27th. He told the story of his grandfather being mentored and encouraged by a traveling preacher. He also told how TeamMates was started with members of his football team being matched with junior high students. Members and officers of the Board of Directors are Erin Mackey – Chairperson, Gen Lempka – Vice Chair, Melissa Boldt – Secretary, Jen Vermeer, Matt Markowski, Lois Agena and Mike Davis. If you would like to know more about this mentoring program and/or to be a mentor for the Sterling Teammates Mentoring program contact the coordinator, Jill Shea.

Expanding the Pre-School Program

I am working on a grant to expand the Pre-School Program from four days a week for half a day to five days a week all day. If Sterling Schools is successful in getting this grant from the Nebraska Department of Education, this expansion will take place this next fall. Contact the school if you know of three and four year olds who could attend Pre-School this next year.

Improving the Air Quality of the School

The Board of Education has employed an Architectural and Mechanical Engineering Firm to design an updated heating and cooling system. Fresh air would be brought in to the school and be conditioned to

Superintendent Notes continued

remove humidity and heat from the air. The 1978 boiler would be replaced with two smaller high efficiency boilers. The goals will be to reduce the load on the existing heat pumps, improve energy consumption efficiency, to reduce the humidity in the school and reduce the chance of mold issues.



Sterling FFA

Competed in the District Parliamentary Procedure Contest

Seven members of the Sterling FFA Chapter competed in the district parliamentary procedure contest in Beatrice on January 28th. Teams demonstrated how to conduct business at a meeting using Robert's Rules of Order. There were seven teams in this contest and Sterling placed 4th.

Members of the team from left to right are Jacob Schwenneker, Micah Erickson, Erika Eckhardt, Austin Buss, Elly Lempka, Alisha Fisher and Thomas Tucker. Valerie Keim received a blue ribbon in the Creed Speaking and Erika received a blue ribbon in public speaking.

PARENT-TEACHER CONFERENCES

THURSDAY, FEBRUARY 13, 2014

1:00 –8:30 P.M.

THERE WILL BE SCHOOL ON

FRIDAY, FEBRUARY 14, 2014

From The Principal's Desk

by Ryun Theobald

The big focus for my article this month has to do with what I do when I am not in the building. There are several times during the year that I am out of the building for meetings. I often get asked what I do at those meetings and if they are really necessary. I really would prefer to be in the building with the staff and students, but also realize there are conferences and meetings that I do need attend. When I was teaching, it was more work to be gone and I would have to say that being an administrator is no different. A day out of the building means more work when I return. With that being said, here are the items that I would like to expand on.



1. Student of the Month. Our high school student of the month for the month of December is Meri Beth Hietbrink. Meri Beth is the daughter of Dan and Ruth Hietbrink. Our middle school student of the month is Brian Heusman. Brian is the son of David and Sharon Heusman. Both of these students are very hard workers and are respected by their peers.

2. Anita Archer. I recently attended a workshop hosted by Anita Archer. Her presentation dealt with explicit instruction and increasing student engagement. We have had several teachers attend her workshops in the past and they are implementing some of those strategies in the classroom. This workshop was designed for administrators so we know what to look for when we are in the classroom. This was a very engaging workshop and well worth the time to be out of the building.

3. State Principal's Conference. Every fall the NAESP (Nebraska Association of Elementary School Principals) and the NSASSP (Nebraska State Association of Secondary School Principals) host a conference in Kearney. The purpose of the conference is to bring in top-notch speakers and peer presenters to share with building administrators across the state. One of the most valuable speakers I heard present this past fall was on the concept of "flipped" staff development. The concept here is to maximize facetime with your staff by using technology instead of having meetings to discuss when the next fire drill will be or who is out of the building this week. I will be working on this strategy for next fall as I realize how valuable our teachers time is.

4. RtI updates. We are currently in year two of our RtI (response to intervention) implementation with ESU #4. Our team includes: Ms. Shea (guidance counselor), Mrs. Eilers (Title teacher), Mrs. Trauernicht (SPED), Mrs. Hier (classroom teacher), Mrs. Mackey (classroom teacher) and Ms. Zwygart (classroom teacher and technology). We have been paired with a team from Lourdes Central Catholic as they are a similar sized district and they also use the *Treasures* reading program. During our most recent meeting, we looked at Tier II reading interventions and how to best implement those interventions for next year. We also looked at our decision rules that we will use to decide which students will need an intervention. Our goal with RtI is to ensure that all students are reading at or above grade level. We will also be looking at how to provide enrichment for those students who are reading at or above grade level.

5. ESU 4 Principals Cadre. Several times during the year I attend a half-day cadre meeting at ESU 4 in Auburn. All principals in ESU 4 are invited to attend. Membership each meeting varies based on each principal's schedule. Topics of discussions include but are not limited to curriculum, assessment, technology, teacher evaluation and other professional development. A highlight this year has been a book study. We are currently reading *The No Complaining Rule: Positive Ways to Deal with Negativity at Work* by Jon Gordon. This has been a great book and I would highly recommend you read it if you have a chance.

As always, if you have any concerns or comments, please do not hesitate to give me a call.

Go JETS!!!!

Middle School & High School Honor Roll

Second Quarter/First Semester

HONOR ROLL OF DISTINCTION

(students receiving an overall average of 93% or above, with no grade lower than 90%)

6th Grade

Joel Rathe
Colby Thies
Torie Tucker
MaKayla Vermeer

7th Grade

Caleb Dolbow
Morgan Haner
Nicole Harms
Logan Jasa
Malayna Wingert

9th Grade

Austin Buss
Taylor Cockerill
Micah Erickson

11th Grade

Benjamin Logston
Tanner Shea
Nathan Thies

10th Grade

Erika Goracke
Hannah Jasa

12th Grade

Derek Julian
Jordan Lempka
Sarah Scamehorn



HONOR ROLL

(students receiving an overall average of 90% or above, with no grade lower than 85%)

** Denotes 2nd Quarter Only

* Denotes 1st Semester Only

No marks denotes Both

6th Grade

Brian Heusman
*Amanda Tallant
JeriJeydon Tallant
7th Grade
Tristan Dirks
Cameron VanGroningen
Carly Wenzl

8th Grade

Heidi Eckhardt
*Benjamin Hier
Zachary Scamehorn
Daniel Schwenneker
Mae Stark
Sheanna Stolz
Talia Vermeer

9th Grade

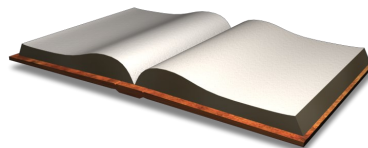
Mason Gee
*Valerie Keim
10th Grade
Erika Eckhardt
*Bailey Kahler
Thomas Tucker

11th Grade

Megan Barber
Jasmine Eickhoff
Rebecca Williams

12th Grade

Bailey Bessey
Tara Hestermann
**Chelsea McDonald
Stasia Nielsen



EXTRA, EXTRA

YOU HAVE ONE EXTRA WEEK

TO GET YOUR 2013-14 YEARBOOK FOR \$45

AFTER FEBRUARY 7 THE SALE IS OVER

AND THE PRICE GOES UP TO \$50!

MUSIC NOTES

by Angel Renninger

On January 20th, several students were selected to attend the Pioneer Conference Honor Band in Lewiston. Schools from the conference attending the Lewiston site were Friend, Sterling, Southern, Diller-Odell and Lewiston. They practiced four selections throughout the day under the direction of Dr. Patrick Fortney from Peru State College and performed in concert that evening. Those selected from Sterling were Jordan Lempka, Meri Hietbrink, Stasia Nielsen, Chelsea McDonald, Wendy Sterkel, Becky Williams, Jazzy Eickhoff, Elly Lempka, Bailey Kahler, Tara Hestermann, Trey Trauer-nicht, Erika Goracke, Sarah Scamehorn, Nathan Thies, Marah Hestermann, Hannah Jasa, Megan Barber, Thomas Tucker and Tanner Shea. Congratulations to those students!!



Sterling Vocal Music students participate in the Doane and UNK Honor Choir. On January 12th & 13th Wendy Sterkel and Megan Barber attended the Doane Honor Choir in Crete, Nebraska. They spent Sunday and Monday practicing their music and then as a mass choir performed a concert on Monday evening along with the Doane Concert Choir. There were over 400 students from 70 schools that applied and we were fortunate to have two selected for this choir. Congratulations!! Also on January 27th four students were selected to sing in three different honor choirs

at UNK. They were (pictured left to right) Wendy Sterkel, Ben Logston, Megan Barber and Kari Hansen. The students were selected from vocal auditions that took place in November. UNK also holds their honor bands on the same day so there were over 500 high school students from 117 schools on campus that day. They also finished up the day with a finale concert that evening that was phenomenal! Congratulations to those students!

UPCOMING BAND EVENT FOR MIDDLE SCHOOL (6, 7, & 8)

On March 28th the Sterling Middle School Music students will be traveling to the HTRS Middle School Music Contest in Table Rock. Make plans to come watch your student.

ACT Test Dates

Test Date	Registration Deadline (fee: \$36.50)	Late Registration (add'l late fee: \$23.00)
April 12, 2014	March 7, 2014	March 8-21, 2014
June 14, 2014	May 9, 2014	May 10-23, 2014

Girls' State, Boys' State, and Junior Law Cadet

Cornhusker Girls' State

Cornhusker Girls' State applications are due by **Tuesday, February 21st**. All junior girls are encouraged to apply for this experience. Girls' State is a nonpartisan program that teaches young women responsible citizenship and love for God and Country. Since the inception of the Girls State program in 1937, nearly one million young people have had the opportunity to learn first-hand how their state and local government works. High school girls, who have completed their junior year, spend an intensive week of study, working together as self-governing citizens at Auxiliary sponsored Girls State programs in every state. They learn how to participate in the functioning of their state's government in preparation for their future roles as responsible adult citizens. The maximum enrollment for this year will be 410 delegates, with more than one girl from each school if funding allows. This year's Girls' State will be at the University of Nebraska-Lincoln city campus from June 1st through June 7th, 2014. Contact Karla Daehling for more information.

Cornhusker Boys' State

Applications are currently being accepted for Cornhusker Boys' State. This annual citizenship program sponsored by the Nebraska American Legion is designed to provide youth with a better understanding of how city, county, and state governments operate. Each boy is sponsored locally by an organization such as an American Legion Post, or by some other patriotic, civic, fraternal, or religious group in cooperation with the local American Legion Post.

American Legion Cornhusker Boys' State is set up as a functional "51st State" and each boy learns how government subdivisions operate by actually doing the job. Participants will campaign for offices, hold elections, take part in band and chorus, compete in athletics, and be involved in other varied activities as part of the citizenship training program. They will set up their own state government and draft bills.

All junior boys are eligible to apply for Boys' State. This year's session will be from June 1st through June 7th at the University of Nebraska-Lincoln campus.

Deadline for application is **February 21st, 2014**, with the Legion Post in charge.

2014 Junior Law Cadet Program

Nebraska Department of the American Legion

Basic Requirements:

High school junior in good health & able to participate in physical activities.

Must possess a positive attitude & display respect for law enforcement.

Good grooming, average or above average scholastic record, & able to share the knowledge gained through the program.

Must possess a valid Nebraska operator's license or learner's permit.

This program gives students the chance to: drive a State Patrol car; learn to fire a service weapon, learn self-defense, pressure point control tactics, and assault prevention measures; and interact with law enforcement officers.

Two sessions offered – one for boys and one for girls. The program now takes place at the Nebraska Law Enforcement Training Center in Grand Island.

Girls' session – June 9 – 13, 2014

Boys' session – June 16 – 20, 2014

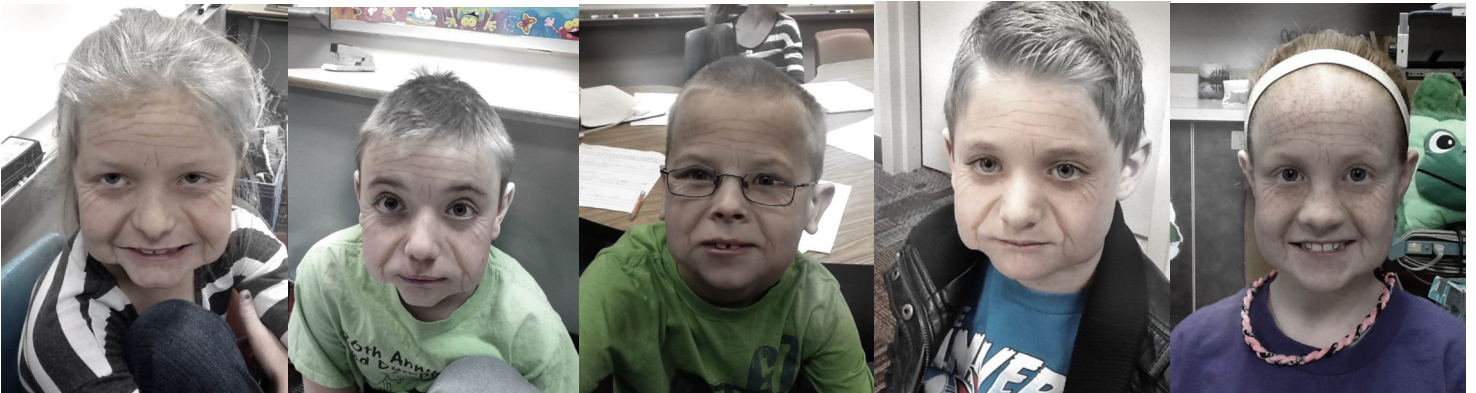
Deadline: February 25th, 2014

Application Available at <http://www.nebraskalegion.net/Programs/JRLaw.html>

100 DAYS OF SCHOOL FUN



Third Grade went from 100 days to 100 years old.....
Can you guess some of these 100 year old third graders?



Johnson County Safe Homes

What is Safe Homes?

Safe Homes is a “parent network” that encourages parents to engage in their children’s lives by providing supervision during activities. Safe Homes builds a network with other parents to assure that all children’s activities are safe and drug-free.

Safe Homes asks parents to supervise their youth by always knowing:

- Where they are
- What they are doing
- Whom they are with
- When they will return

Youth need to know exactly what their parents expect of them. Discuss with your children, early and often, your expectations that there will be “no-use” of alcohol, tobacco, or other drugs by your children.

How Do We Get Started?

Safe Homes can be implemented at the community level through our school . Parents working together provide unity and consistency necessary to eliminate the pressures our youth feel to use alcohol, tobacco, and other drugs to fit in with their peers.

Safe Homes can be started with any size of group of parents and with any of our youth. The earlier parents start working together the more effective they will be. Starting early is what makes prevention work.

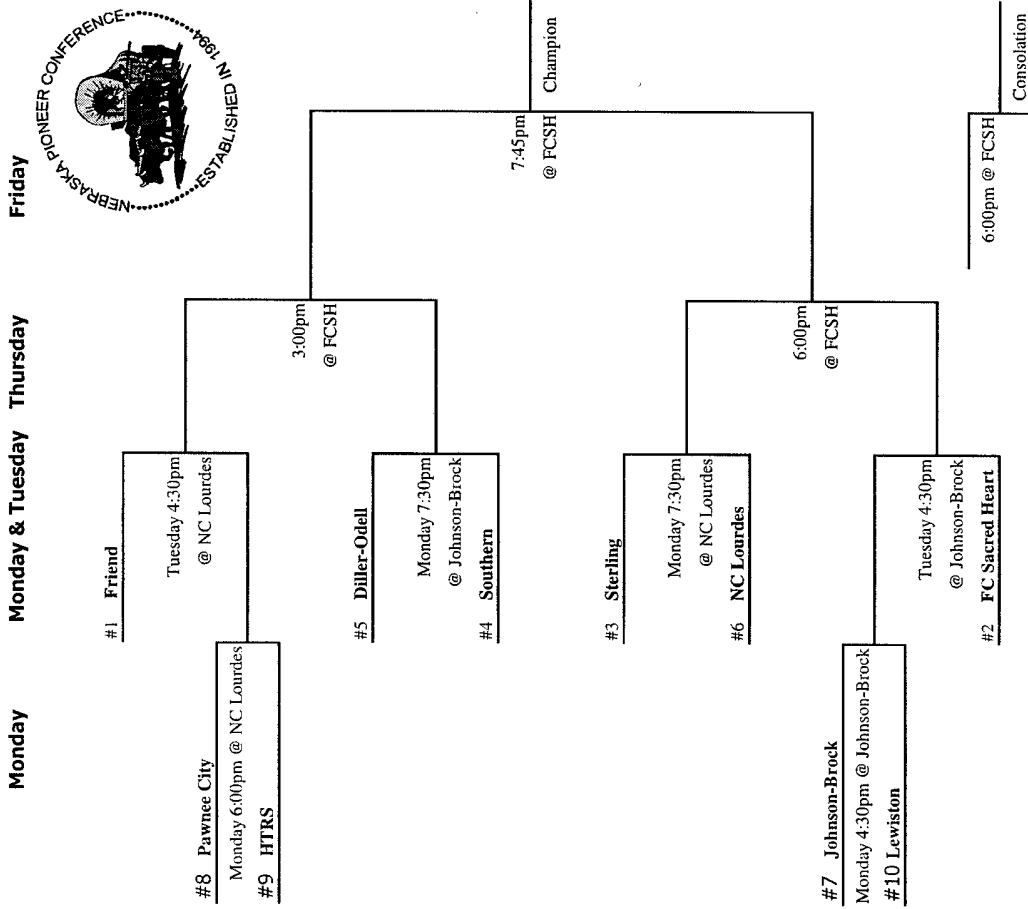
**Sterling LEAD members will be available with more information at the upcoming
Parent-Teacher’s Conference**

February 2012 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
This calendar is subject to change.						1 MUDECAS Speech @ Beatrice - SCC 9 a.m.
2 NWEA/MAPS Testing Feb. 3-7	3 JH GBB vs. Falls City Sacred Heart 3:30 pm - HOME	4	5	6	7	8 ACT Test Date Beatrice Speech Meet @ Beatrice 9 a.m. Jo. Co. Spelling Bee 9
Pioneer Conference Basketball Monday/Tuesday/Saturday at Johnson/Brock or Lourdes & Thursday/Friday/Saturday at FC Sacred Heart Pioneer Art Exhibit @ Falls City Sacred Heart - Thursday through Saturday						
9	10 Energy Field Trip to Cooper Nuclear - 8 a.m. Ag Field Trip to Tecumseh JH GB @ Lewiston Tourn. 5:30 pm - AWAY 9/10 Boys BB @ FCSH AWAY - 7 p.m.	11 Girls BB vs. Freeman 6:15 pm - HOME (JV, V)	12 JH GBB vs. Freeman HOME - 1:00 p.m. Ag Field Trip to Tecumseh	13 NOON DISMISSAL Parent-Teacher Conferences 1-8:30 p.m.	14 SCHOOL IN SESSION Girls BB vs. Tri County 6 pm - HOME (JV, V)	15 Boys BB @ Omaha Christian Academy 4 pm - AWAY (JV, V)
16 Pinewood Derby In school gym	17	18 Girls Sub-District @ Johnson-Brock - TBA	19 JH GBB vs. NC Lourdes HOME - 2:30 p.m.	20 Girls Sub-District Finals @ Johnson-Brock - TBA	21 Boys BB vs. Freeman HOME - 6:15 p.m. (JV, V)	22
23	24	25 Boys Sub-District @ Johnson-Brock - TBA	26	27 Boys Sub-District Finals @ Johnson-Brock - TBA	28 Girls District Finals TBA	March 1

Pioneer Conference Girls Basketball Tournament

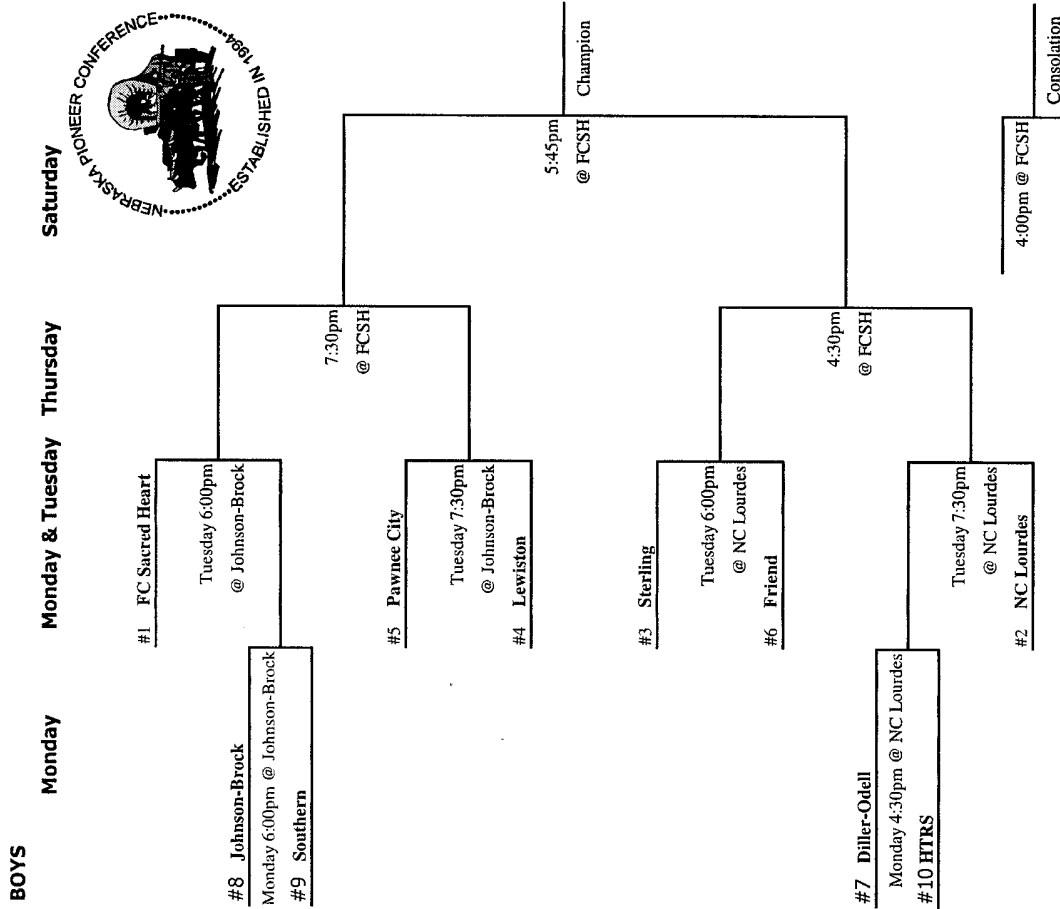
February 3, 4, 6, 7



Consolation games TBA @ NC Lourdes and Johnson-Brock, Saturday. Games times 9:30, 11am, 12:30pm, and 2pm.

Pioneer Conference Boys Basketball Tournament

February 3, 4, 6, 8

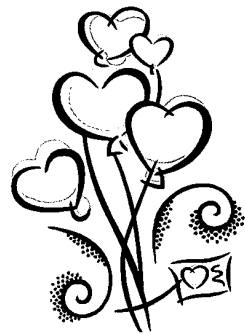


Consolation games TBA @ NC Lourdes and Johnson-Brock, Saturday. Games times 9:30, 11am, 12:30pm, and 2pm.





FEBRUARY 2014 MENUS



Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 B-Egg Taco or Cereal/WG Muffin, juice, milk L-Pork Chop Patty, mashed potatoes w/gravy, corn, fruit</p>	<p>4 Cereal, WG Toast, fruit, milk L-Chicken Noodle Soup, pb & jelly sandwich, romaine lettuce salad, fruit</p>	<p>5 B-Donuts, Yogurt or Cereal/Yogurt, juice, milk L-Hot Dog on WG Bun, cauliflower w/cheese, baked beans, fruit</p>	<p>6 B-WG Pancakes, Sausage or Cereal/Sausage, fruit, milk L-Nachos w/cheese sauce or bean dip, peas, celery w/peanut butter, fruit</p>	<p>7 B-Bagel, Cream Cheese or Cereal/WG Muffin, juice, milk L-Chicken Teriyaki, green beans, rice, fruit</p>
<p>10 B-Garlic Cheese Toast or Cereal/WG Muffin, juice, milk L-Tacos, peas, celery w/peanut butter, fruit</p>	<p>11 B-French Toast Sticks, Sausage or Cereal/Sausage, fruit, milk L-Chicken Patty, mashed potatoes w/gravy, corn, fruit</p>	<p>12 B- Cereal, Toast, juice, milk L-Chili Soup, romaine lettuce salad, wg cinnamon roll, fruit</p>	<p>13 B-Omelet, WG Toast or Cereal/WG Toast, fruit, milk L-Potato Bake, ham salad or tuna salad sandwich, string cheese, fruit</p>	<p>14 B- Sausage Graavy Over WG Biscuits or Cereal/WG Biscuit, juice, milk L-Goulash, green beans, wg tea rolls w/jelly, fruit</p>
<p>17 B-WG Pancakes, Sausage or Cereal/Sausage, juice, milk L-Mini Corn Dogs, peas, baked beans, fruit</p>	<p>18 B Donuts, Yogurt or Cereal/Yogurt, fruit, milk L-Spaghetti, green beans, garlic bread, fruit</p>	<p>19 B-Breakfast Bar or Cereal/WG Muffin, juice, milk L-Submarines, french fries, gelatin, fruit</p>	<p>20 B- Cereal, Fruit, Toast, fruit, milk L-Tomato Soup, romaine lettuce salad, cheese sandwich, fruit</p>	<p>21 B-Egg Taco or Cereal/WG Muffin, juice, milk L-Chicken Fajita, corn, rice, fruit</p>
<p>24 B-Toaster Pastry or Cereal/WG Muffin, juice, milk L-Chicken Nuggets, mashed potatoes w/gravy, corn, fruit</p>	<p>25 B-Scrambled Eggs, WG Toast or Cereal/WG Toast, fruit, milk L-Vegetable Beef Soup, romaine lettuce salad, wg cheese breadstick, fruit</p>	<p>26 B-Breakfast Pizza or Cereal/WG Muffin, juice, milk L-Ham Patty on WG Bun, peas, three bean salad, fruit</p>	<p>27 B-French Toast Sticks, Sausage or Cereal/Sausage, fruit, milk L-Hamburger, ff and/ swt. ff, tomatoes, fruit</p>	<p>28 B- Cereal, WG Toast, juice, milk L-Burrito, green beans, chips w/salsa, fruit</p>
<p><i>Menus subject to change without notice.</i></p>	<p><i>A variety of fruits and vegetables are offered with every meal.</i></p>	<p><i>Milk served every meal.</i></p>	<p><i>USDA is an Equal Opportunity Provider and Employer.</i></p>	

**STERLING
PUBLIC
SCHOOL**

250 Main St.
P.O. Box 39
Sterling, NE 68443

Tel: 402-866-4761
Fax: 402-866-4771
Website: sterlingjets.org

SUPERINTENDENT

MIKE DAVIS

K-12 PRINCIPAL

ACTIVITIES DIRECTOR

RYUN THEOBALD

GUIDANCE COUNSELOR

JILL SHEA

ATHLETIC DIRECTOR

BRENT HEUSMAN

*Continuing a
Tradition of
Excellence*



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*Please Note That Any Changes or Updates of
Schedules will be Posted on the School Website*

*** Kindergarten Round-Up April 7th**

NOON DISMISSAL THAT DAY

1:00 to 8:30 p.m.

Thursday, Feb 13

K-12 Parent-Teacher Conferences