



SUPERINTENDENT NOTES by Mr. Knippelmeyer

Thank you for your help in making the 2015-16 school year at Sterling Public Schools a success! Our students and staff have worked very hard this year and we know we wouldn't be successful without the support that we received from parents and families, and for that, we greatly thank you! We hope kids take the opportunity this summer to enjoy their time away from school, taking family vacations, and enjoying time with family and friends. We look forward to seeing you in August!



August 10 - Open House / 7th Grade Orientation

August 11 - First Day for K-12

August 15 - First Day for Prekindergarten

August 19 - No School - Johnson County Fair

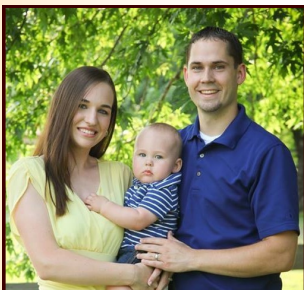
May Board of Education Summary

- Resignations of Mr. Cockerill and Ms. Shea were approved.
- Mr. Salberg presented on SkillsUSA and students participating in the National Convention in June.
- High School Diploma Request for Manfre Scattoni was approved.
- Teacher Contract for Josh Pfeiffer was approved.
- Classified Tiered Salary Schedule approved for 2016-17.
- Extra Duty Assignments approved for 2016-17 - with a few openings still available.
- Interlocal Agreements for Spanish instruction approved with Johnson-Brock and Eustis-Farnam for 2016-17.
- Health Care Coverage addendum to negotiated agreement approved for 2016-17. This allows us to offer the \$3500 Health Saving Account option in January 2017.
- Discussion Items with no action taken - Credit Card and Purchasing Policy - 1st reading, Gym Floor - Bleacher updates, Gym Scoreboard Fundraising Ideas to be included in Summer Newsletter and during Alumni / Memorial Weekend, Gym Lights Update - we will be replacing the 9 safety lights in the gym as well, with the main lights replacements. New lights in the gym will be LED.

PowerSchool Website Change

There have been some changes to PowerSchool in the last few months. Please follow the directions below to successfully log in to your PowerSchool accounts.

- If you are logging in from the link on our school webpage, you do not need to do anything different.
- If you have the PowerSchool address as a bookmark on your computer, you will need to update that address to:
 - sterling.nebps.org
 - login and passwords should not be affected with this change



Hello Sterling!

My name is Josh Pfeiffer. I am the new math teacher and head girls basketball coach. I am from Cook, Nebraska and graduated from Nemaha Valley in 2006. During my time in college I was a student assistant with the Nebraska Wesleyan football team for two years and the University of Nebraska football team for the next two years. I graduated from the University of Nebraska-Lincoln in 2011. After college, I taught and coached for two years at Cherryvale High School in far southeast Kansas (15 minutes from Oklahoma). For the last three years I have been teaching at Weeping Water High School. I have also been the head junior high football coach and the head boys basketball coach. In 2012 I married my wife, Cassie and in 2014 we welcomed our son Cameron to the family. Cassie is currently pregnant with a baby boy that is expected to arrive on July 25th. I am very excited to join the Sterling school and community. I have always been very impressed with the success that Sterling has had in academics and athletics. I look forward to contributing to continued success in the future!

STERLING PUBLIC SCHOOLS 2015-16

4TH QUARTER & 2ND SEMESTER HONOR ROLL

HONOR ROLL OF DISTINCTION

(Students receiving an overall average of 93% or above, with no grade lower than 90%)
Received for both 4th Quarter & 2nd Semester, unless otherwise denoted.

7 TH GRADE	8 TH GRADE	10 TH GRADE	12 TH GRADE
Sam Boldt	Joel Rathe	Zachary Scamehorn	Haylee Boldt
Treyton Cockerill	Colby Thies (Reg Honor Roll 4 th Qu)	Daniel Schwenneker	Joshua Dolbow
Bianca Gonzalez	Torie Tucker		Erika Eckhardt
Isabella Haner	9 TH GRADE	11 TH GRADE	Erika Goracke
Emma Harms	Caleb Dolbow	Austin Buss	Hannah Jasa
Jessie Klein	Morgan Haner	Taylor Cockerill	Bailey Kahler
Macie Whalen (Reg Honor Roll 4 th Qu)	Nicole Harms	Micah Erickson	Joshua Masur
Kaitlyn Wusk	Cameron VanGroningen (Reg Honor Roll 4 th Qu)	Sydney Goracke	Thomas Tucker (Reg Honor Roll 4 th Qu)
	Carly Wenzl		
	Malayna Wingert		

REGULAR HONOR ROLL

(Students receiving an overall average of 90% or above, with no grade lower than 85%)
Received for both 4th Quarter & 2nd Semester, unless otherwise denoted.

7 TH GRADE:	9 TH GRADE:	11 TH GRADE:
Derek Buss	Emily Agena (2 nd Sem only)	Dylan Benson
EmmaMae Cambron (4 th Qu only)	Tristan Dirks	Alisha Fisher (4 th Qu only)
Madison Smith	Sydney Huls	Mason Gee (4 th Qu only)
Tara Walters	Logan Jasa	
	Hannah Thies (4 th Qu only)	12 TH GRADE:
8 TH GRADE:	10 TH GRADE:	Marah Hestermann (4 th Qu High Honor Roll)
Diego Sterkel	Benjamin Hier	Elly Lempka
	Sheanna Stolz (4 th Qu High Honors)	Manfre Scattoni
	Kaleb Williams (4 th Qu only)	

August 10, 2016

PreK - 6th Grade Open House from 5:30-7PM

Classrooms will be **OPEN** so you can drop off your school supplies. One less thing to worry about on the first day of school!

Sign up for Parent/Teacher Conferences too!

7th Grade Parent Orientation @ 7PM

In the High School Music/Band Room

Teachers will discuss class expectations, show you books, and inform you of items you will need for class. You are strongly encouraged to ask **any** questions you may have. It is up to you if you wish to bring your child along. If you have any questions please feel free to contact the office at 866-4761.

NEW SCOREBOARDS!!!



Sterling Public School is currently looking for sponsors to cover half of the \$10,000 cost of new scoreboards in the gym. If you are interested in donating, please fill out the form below and return to the school. In order to install the new scoreboards before school starts, the deadline for donations is **June 30, 2016**. Forms can be found in the June/July newsletter and in the school office.

Donations can be mailed to the school: Sterling Public Schools
P.O. Box 39
Sterling, NE 68443

or dropped off at the office. Summer office hours: Tuesday-Thursday from 9AM-3PM.

Please make checks payable to **STERLING PUBLIC SCHOOLS** and indicate **SCOREBOARD** in the memo.

If you have any questions, please contact Ryan Knippelmeyer, Ryun Theobald, or Brent Heusman.

ALL DONATIONS WELCOME!!! THANK YOU FOR YOUR SUPPORT OF STERLING PUBLIC SCHOOLS!

Name: _____
(as you want printed on plaque: Family, Business, Organization, In Memory Of, etc.)

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Donation Levels - each level will have a plaque displayed in the lobby outside of the gym

Type of Payment (circle one): Check Cash

_____ \$1000

_____ \$500

_____ \$250

_____ \$100



STERLING K-6 SCHOOL SUPPLIES FOR 2016-17

KINDERGARTEN:

- 2 - Boxes of 24 Crayons
- 2 - Large Glue Sticks
- 1 - 2 Pocket Folder
- 1 - Tub of Play-Dough
- 12 - Pencils - (no mechanical pencils please)
- 1 - 1" Binder
- *2 - Boxes of Kleenex
- *Clorox/Lysol Wipes
- * *Items will be shared in the kindergarten classroom.*
- 1 - Paint Shirt or Smock
- 1 - Book Bag
- Tennis Shoes (an extra pair that will stay in their cubby for P.E. and indoor recess)
- Please remember to put your child's name on these items.

We need your help in gathering the supplies and materials that will be used throughout the school year. Please help us by sending to school any of the following materials that you would like to donate:

- Sandwich size baggies
- Large & small white paper plates (not foam)

FIRST GRADE:

- *10 - Pencils
- 1 - Eraser
- 1 - Box of 24 Crayons
- 2 - Pocket Folders
- *2 - Glue Sticks
- 1 - Pencil Box
- P.E. Shoes (to be left at school)

Optional:

- Colored pencils
- 2 - Big Boxes of Kleenex

**Items that may need to be replenished throughout the year.*



SECOND GRADE:

- Pencils
- Eraser
- Crayons
- Glue sticks
- Ruler w/ Inches & Centimeters
- Notebook paper
- Pencil box
- P.E. Shoes

Optional:

- Colored Pencils & Markers
- 2 - Boxes of Kleenex



THIRD GRADE:

- Several #2 Pencils - (no mechanical pencils please)
- 1 or 2 - Large Pink Erasers
- 1 - Box of Crayons (16 or more)
- 2 - Boxes of Kleenex
- 2 - Glue Sticks
- 1 - Bottle of Glue
- 1 - Pencil Box
- 1 pack of Loose Leaf Paper

WISH LIST:

- Disinfectant Wipes*
- Extra Boxes of Kleenex*

Note, the following folders NEED to be these colors

- *1 - Yellow Folder
- *1 - Red Folder
- *1 - Green Folder
- *1 - Blue Folder

- P.E. Shoes - will be kept at school
- 1 - Set of Multiplication Cards (0-12)
- 1 - Set of Division Flash Cards (0-12)

Extras you may want:

Markers & Colored pencils

FOURTH GRADE:

- Crayons
- 1 - Ruler with Millimeters & Centimeters
- Colored Pencils
- 3 - Notebooks
- Scissors
- 4 - Folders
- Pencils & Erasers
- 2 - Glue Sticks
- Dry Erase Markers
- 2 - Boxes of Kleenex
- P.E. Shoes

FIFTH GRADE:

- #2 Pencils - (no mechanical pencils please)
- Pens (2 Red and the rest Black or Blue)
- 2 - BLACK Dry Erase Markers (no colored please)
- 1 - Old Sock
- 5 - Pocket Folders
- 5 - College Ruled Paper or Notebooks
- 2 - Book Covers
- P.E. Shoes
- 3 - Boxes of Kleenex
- (Please remember Kleenex because we go through a lot of them)*

SIXTH GRADE:

- 2 of the following colors of pens: red, blue, & black
- #2 Pencils
- Lined Paper
- 3 - Pocket Folders
- 3 - Book Covers
- 1 - Box of Kleenex
- P.E. Shoes



STERLING 7-12 SCHOOL SUPPLIES FOR 2016-17

MATH 7-8:

3 Ring Binder with 4 Dividers
Loose Leaf Paper
Pencils/Pens
Red Pens
Scientific Calculator
(optional)

MATH 9-12:

3 Ring Binder with 4 Dividers
Loose Leaf Paper
Pencils/Pens
Red Pens
TI-83 or TI-84 Calculator
(optional)

ENGLISH 7-12:

3 Ring Binder
College Ruled Paper
Blue, Black, & Red Pens
Pencils
Colored Pencils
2 - 2 Pocket Folders

SCIENCE:

3 Ring Binder
Pencils and/or Blue Pens
Red Pens
Colored Pencils for Labs
Calculator
(Chemistry & Physics should have Scientific calculator)

STERLING PREK SCHOOL SUPPLIES FOR 2016-17

1 - Regular sized hard plastic pencil box that snaps closed

1 - Pump bottle of hand sanitizer

1 - Roll of paper towels

1 - Backpack

1 - Two pocket folder

1 - Refill package of baby wipes

1 - Large box of tissues

*1 - Crib Sheet - to be used on your child's cot

*1 - Water bottle - needs to have a top/spout that can be closed when not in use. We will use this for the entire school year, so no disposable plastic bottles please.

*1 - Blanket - this blanket will be used during nap/rest time and will need to stay at school.

1 - Change of clothes - please send a pair of shorts, a shirt, a pair of underwear, and socks. We'll change these items out as the seasons change.

1 month supply of nonperishable snack food. Can be prepared or put into sandwich baggies prior to being sent to school. We'll send a note home when their snacks begin to run low.

* sent home on Fridays so you can wash and send back on Monday.



Dates: Tuesdays -

July 5th, 12th, 19th, & 26th

Times: 2-3PM

Ages: 4 & up

Place: Town Library on Main Street

Hosted By: Abby Heusman

This Year's Theme: Holidays!

Each time we meet, we will plan to share a few books and do a small craft related to the stories.

Parents do not have to stay for this hour but please be prepared to pick them up at 3:00.

ACT TEST DATES 2016-17

DATE	REGISTRATION DEADLINE	LATE FEE REQUIRED
Sept 10, 2016	Aug 5, 2016	Aug 6-19, 2016
Oct 22, 2016	Sept 16, 2016	Sept 17-30, 2016
Dec 10, 2016	Nov 4, 2016	Nov 5-18, 2016
Feb 11, 2017	Jan 13, 2017	Jan 14-20, 2017
April 8, 2017	March 3, 2017	March 4-17, 2017
June 10, 2017	May 5, 2017	May 6-19, 2017



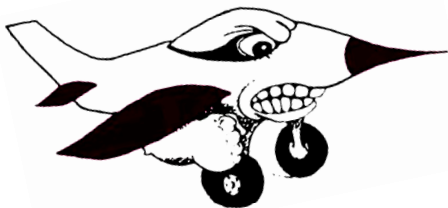
Students that need to have a school physical completed before the first day of school:

-Kindergarteners

-6th graders going into 7th grade

-any student going out for sports in grades 7-12

Release & Insurance forms, for parents to sign and return the first day of school, can be found in the office. This is only grades 7-12.



2016 Sterling Jets Football Camp

July 20th, 21st, & 22nd

Grades 3-8 9:00 a.m. to 10:30 a.m.

Grades 9-12 7:00 a.m. to 9 a.m.

This camp will emphasize the fundamentals of football and the proper technique of all positions so that each individual can experience the footwork, agility, and gain the knowledge of this sport to make them better athletes.

Camp features:

*Camp T-shirt

*Refreshments

*Individual instruction by the SHS football coaches: Wusk & Heusman

This is a non-contact camp.

Each camper will need shorts, t-shirt, and comfortable running shoes or football shoes.

Camp will be located south of the small baseball field area.

The cost for the camp is \$25.00 and checks should be made payable to **Sterling Football Camp**.

2016 Sterling Football Camp

Parent Release Form

I, _____, understand that football is a physical activity and there is a risk
Parent/Guardian

involved with my son participating in the Sterling Football Camp. By signing this form, I agree not to hold Sterling Public Schools or anyone associated with the camp responsible for injuries or damages incurred during his participation at the camp.

Player Name

Parent/Guardian Signature

Please return this form to the school or bring to the camp.

If you have questions, call Coach Wusk: 866-4761 or 866-6670.



GIRLS' STATE REPRESENTATIVE

Valerie Keim of Sterling, will be representing Sterling Women's Auxiliary and will join other high school juniors from across Nebraska participating in the American Legion Cornhusker Girl's State, Sunday, June 5th through Saturday, June 11th at the University of Nebraska-Lincoln Sandoz Residence Hall.

Valerie is a junior at Sterling Public Schools. Her school activities include band, SkillsUSA, One-Act Play, FBLA, Journalism, basketball, and track. She has been a consistent Honor Roll student through her junior high and high school years. Valerie is the daughter of Wendie Nash and Dave Keim, both of Sterling.

The American Legion Auxiliary developed a citizenship training program based on the formation of the American Legion's Boys State program. This program offers training in the positive processes of self-government and good citizenship as practiced in democratic societies.

Girls State began as one and two day sessions in the late 1930's. In 1939, Girls State was altered to make it a week-long government education program. Since 1948, it has been a regular part of the Auxiliary's Americanism curriculum.

The program is funded by the American Legion Auxiliary with some additional support coming from other civic and non-profit organizations. Little or no expense is required of the delegates and her family.

Each summer approximately 25,000 young women participate in Girls State sessions across the nation. At Girls State, the delegates study local, county, and state government. The girls do this by setting up their own miniature city, county, and state governments and administer them according to the rules and procedures set by Nebraska's laws.

After arriving at Cornhusker Girls State, the citizens are divided into 12 towns named after the Presidents of the United States. The citizens are also divided into two political parties -- the Federalists and the Nationalists. These parties do not reflect the two major political parties in today's system of government. The parties allow citizens to gain knowledge of how a two-party system operates.

Girls State citizens participate in these mock political parties and elections are held to fill city, county, and state positions. Other activities include legislative sessions, campaigning, party rallies, mock trials, and debating. The citizens also receive instruction in Parliamentary Procedure.

2016-17 EARLY OUT (1:37PM) DAYS SEPT 7 - OCT 5 - NOV 2 - DEC 7- FEB 1 - MARCH 1 - APRIL 5




2016 Sertoma Award Winners

Erika Goracke & Joshua Masur



Elks Hoop Shoot Free-Throw Competition Winners

- State Champion - Andrew Richardson
- National Champion - Macy Richardson
- State Champion - Ella Wingert
- State Champion - Belle Haner

 All medication needs to be picked up by a parent by June 6th. All medication left after this date will be disposed of regardless of the expiration date.



2016 Lady Jets VB Camp

Featuring former Lady Jet players:

Courtney VanGroningen – Wayne State

Jordan Lempka – Midland Lutheran

June 27, 28, & 29 (M,T,W) 2016



We again will be conducting the Sterling Lady Jets Volleyball Clinic for 3 days. The dates for the Elementary & Jr. High Volleyball Camp are June 27-29 (Monday – Wed.) high School in the mornings & Elem. /Jr. High in the afternoons. We are excited, as coaches, looking ahead to the 2015 season. We lost a lot of seniors and one junior from last year so this will be a rebuilding year. The players we do have coming back are athletic, hardworking, and eager to learn.

The High School camp will include 9th through 12th grade girls and will be held in the mornings from 9:00 to 11:30am. Thursday June 30th the HS girls will get together to go over some offensive and defensive schemes to get ready for the team camps. After the Sterling camp we will put together the girls to attend team volleyball camps. The 2015 season starts August 17th with practice after school.

The Elementary Sterling Lady Jets VB Camp will run 1:00 pm till 3:00 pm. Girls will learn defensive as well as offensive techniques along with solid fundamentals. 8th grade girls can choice either of the morning or afternoon camp depending on their skill level.

The cost of this year's camp is \$50 per player. Register and pay for the camp, at the door, the first day of the camp.

I also have brochures for other college individual VB camps elsewhere but we're talking more money (approx. \$150). Many of the camps are position specialist instruction that run usually two days for approx. \$75. If you're interested, contact me and we'll see what can fit into your schedule.

Senior High girls will go from 9:00 a.m. to 11:30 p.m.

Elementary & Junior High will go from 1:00 p.m. to 3:00 p.m.

Camp director Head Coach Stan Karr

VOLLEYBALL CAMP June 27-29 *Cost of camp \$50

Name _____

Grade in 2015-2016 _____

*Make checks payable to
Lady Jets Volleyball
(NOT THE SCHOOL)



Pioneer Indoor

Girls – 5th Place

Taylor Cockerill – 1st 400M dash 1:05.31; 2nd 800M run 2:39.62; 2nd 1600M run 5:58.19
Heidi Eckhardt – 4th 3200M run 14:09.16
Nicole Harms – 2nd Triple Jump 33'2.5"
Carly Wenzl – 5th 800M run 2:47.76
2nd – 4 x 400M Relay 4:43.56 (Wingert, Wenzl, Harms, Cockerill)
6th – 4 x 800M Relay 11:43.47 (Wingert, Harms, Huls, Wenzl)

Boys – 3rd Place

Dylan Benson – 5th 800M run 2:11.97; 3rd 1600M run 5:09.92
Austin Buss – 4th 200M dash 25.73; 5th 400M dash 56.32
Micah Erickson – 3rd Shot Put 43'8.5"
Seth Harms – 2nd 3200M run 11:25.83
Ben Hier – 6th High Jump 5'4"
Logan Jasa – 2nd 1600M run 5:03.04
Cameron VanGroningen – 6th Long Jump 18'11"
Austin Walters – 4th High Jump 5'7"
3rd – 4 x 400M Relay 3:52.84 (Scattoni, C. Dolbow, Masur, Buss)
1st – 4 x 800M Relay 9:00.9 (Benson, Masur, Jasa, Harms)

Wilber Invite

Girls – 6th Place

Taylor Cockerill – 1st 1600M run 6:06.8; 4th 400M dash 1:06.4; 1st 800M run 2:37.1
Heidi Eckhardt – 6th 3200M run 14:14.6
Morgan Haner – 3rd 100M Dash 13.8
Nicole Harms – 5th 100M Hurdles 17.9; 4th 300M Hurdles 52.1; 2nd Triple Jump 33'5.5"
5th – 4 x 800M Relay 12:06 (Wingert, Harms, Huls, Wenzl)
4th – 4 x 400M Relay 4:41.7 (Wingert, Wenzl, Harms, Cockerill)

Boys – 3rd Place

Dylan Benson – 5th 1600M run 5:15.6; 5th 800M run 2:09.7
Austin Buss – 5th 200M dash 24.8
Micah Erickson – 2nd Discus 143'6"; 4th Shot Put 43'5"
Seth Harms – 1st 3200M run 11:25.9
Ben Hier – 5th High Jump 5'4"
Logan Jasa – 4th 1600M run 5:12.2
Cameron VanGroningen – 4th 100M dash 11.9; 4th Long Jump 19'8"; 5th Triple Jump 39'3"
Austin Walters – 6th T High Jump 5'2"
Jordan Wenzl – 3rd 300M hurdles 43.9
3rd – 4 x 800M Relay 9:18.2 (Benson, Masur, Jasa, Harms)
3rd – 4 x 100M Relay 48.2 (Scattoni, Buss, Tri. Dirks, Wenzl)
2nd – 4 x 400M Relay 3:46.5 (Scattoni, C. Dolbow, Masur, Buss)

Mustang Invite

Girls – 5th Place

Taylor Cockerill – 3rd 400M dash 1:06.2; 1st 800M run 2:43.7; 1st 1600M run 6:12
Heidi Eckhardt – 6th 3200M run 14:23.6
Nicole Harms – 4th 300M hurdles 52.0; 1st Triple Jump 34'10.75"
Carly Wenzl – 5th 400M dash 1:10.5
6th – 4 x 100M Relay 59.5 (Wingert, Jurgens, Wenzl, Haner)
2nd – 4 x 400M Relay 4:39.9 (Harms, Wenzl, Wingert, Cockerill)

Boys – 1st Place

Dylan Benson – 1st 800M run 2:13.2; 4th 1600M run 5:20.9; 5th Long Jump 17'6"
Austin Buss – 3rd 400M dash 57.5
Micah Erickson – 4th Shot Put 42'7.25"; 4th Discus 121'2"

Seth Harms – 2nd 800M run 2:14.5; 1st 3200M run 11:15.1
Logan Jasa – 6th 800M run 2:20.2; 2nd 1600M run 5:14.4
Cameron VanGroningen – 5th 100M dash 11.8; 3rd Triple Jump 37'9.5"
Jordan Wenzl – 1st 300M Hurdles 45.2
3rd – 4 x 100M Relay 49.8 (VanGroningen, Masur, J. Dolbow, Wenzl)
2nd – 4 x 400M Relay 4:01.1 (Benson, Jasa, Tri Dirks, Wenzl)
1st – 4 x 800M Relay 9:16.94 (Jasa, Masur, Tri Dirks, Benson)

Lewiston Invite

Girls – 2nd Place

Taylor Cockerill – 2nd 400M dash 1:04.5; 4th 800M run 2:37.9; 1st 1600M run 5:41.1
Heidi Eckhardt – 6th 3200M run 14:38.4
Jayda Furtado – 5th T High Jump 4'2"
Morgan Haner – 3rd 100M dash 13.8
Nicole Harms – 1st 100M Hurdles 16.6; 3rd 300M Hurdles 50.6; 1st Triple Jump 35'2"
Valerie Keim – 4th Shot Put 32'2.5"
2nd – 4 x 400M Relay 4:33.1 (Harms, Wenzl, Wingert, Cockerill)
5th – 4 x 800M Relay 13:03.1 (Eckhardt, Huls, Hestermann, Goracke)

Boys – 1st Place

Dylan Benson – 3rd 800M run 2:10.5; 5th 1600M run 5:05.9
Austin Buss – 4th 400M dash 54.7
Micah Erickson – 3rd Shot Put 43'7"; 3rd Discus 128'4"
Seth Harms – 2nd 1600M run 4:59.1; 1st 3200M run 10:48.3
Logan Jasa – 5th 800M run 2:13.7; 4th 1600M run 5:02.1
Spencer McClellan – 5th 3200M run 11:46.5
Manfre Scattoni – 5th 400M dash 56.1
Cameron VanGroningen – 5th 100M dash 12.1; 4th Long Jump 19'6"; 4th Triple Jump 40'1"
Jordan Wenzl – 4th 110M Hurdles 18.2; 4th 300M Hurdles 43.3
3rd – 4 x 100M Relay 47.1 (VanGroningen, Masur, Buss, Wenzl)
2nd – 4 x 400M Relay 3:41.4 (Wenzl, Masur, Scattoni, Buss)
1st – 4 x 800M Relay 8:46.5 (Harms, Masur, Jasa, Benson)

Irish Invite

Girls – 4th Place

Taylor Cockerill – 4th 400M dash 1:04.63; 1st 800M run 2:30.08; 1st 1600M run 5:46.41
Heidi Eckhardt – 4th 3200M run 14:18.27
Alisha Fisher – 6th 3200M run 14:42.62
Morgan Haner – 3rd 100M dash 14.0
Nicole Harms – 2nd 100M Hurdles 17.04; 2nd 300M Hurdles 48.45; 2nd Triple Jump 33'11"
Valerie Keim – 6th Shot Put 33'5"
Carly Wenzl – 5th 300M Hurdles 54.39
2nd – 4 x 400M Relay 4:25.15 (Harms, Wenzl, Wingert, Cockerill)

Boys – 2nd Place

Dylan Benson – 3rd 800M run 2:08.36; 6th 1600M run 5:10.77
Austin Buss – 4th 200M dash 24.2; 5th 400M dash 53.9
Tristan Dirks – 6th 800M run 2:13.04
Micah Erickson – 2nd Shot Put 47'7.5"; 2nd Discus 135'9"
Seth Harms – 3rd 3200M run 10:43.69
Logan Jasa – 5th 800M run 2:11.93; 4th 1600M run 5:02.02
Cameron VanGroningen – 3rd Long Jump 19'; 5th Triple Jump 39'3.5"
Jordan Wenzl – 6th 110M Hurdles 18.12; 3rd 300M Hurdles 43.81
3rd – 4 x 100M Relay 46.92 (VanGroningen, Buss, Masur, Wenzl)
2nd – 4 x 400M Relay 3:41.83 (Scattoni, Wenzl, Masur, Buss)
1st – 4 x 800M Relay 8:52.22 (Harms, Masur, Jasa, Benson)

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MUDECASGirls – 1st Place B DivisionEmily Agena – 6th Shot Put 32'8.5"Taylor Cockerill – 1st 400M dash 1:04.7; 1st 800M run 2:36.77; 1st 1600M run 5:56.46Heidi Eckhardt – 4th 3200M run 15:37; 3rd Discus 86'Alisha Fisher – 3rd 3200M run 15:14.29Morgan Haner – 2nd 100M dash 13.79; 3rd 200M dash 29.73Nicole Harms – 1st 100M Hurdles 16.54; 1st 300M Hurdles 49.79; 2nd Triple Jump 34'11.75"Marah Hestermann – 5th 1600M run 7:43.46Alyssa Jurgens – 6th 100M dash 14.25; 5th 300M Hurdles 56.34Valerie Keim – 5th Shot Put 33'11"Carly Wenzl – 3rd 400M dash 1:08.05Malayna Wingert – 5th 200M dash 30.57; 6th 400M dash 1:10.15; 6th 800M run 2:57.323rd – 4 x 100M Relay 58.34 (Huls, Jurgens, Wenzl, Haner)1st – 4 x 400M Relay 4:33.58 (Harms, Wenzl, Wingert, Cockerill)3rd – 4 x 800M Relay 12:55.49 (Eckhardt, Fisher, Huls, Goracke)Boys – 2nd Place B DivisionDylan Benson – 1st 800M run 2:08.56; 3rd 1600M run 5:10.78Austin Buss – 3rd 200M dash 24.14; 3rd 400M dash 55.12Trace Dirks – 5th 3200M run 12:37.47Tristan Dirks – 5th 200M dash 24.59; 6th 800M run 2:24.21Micah Erickson – 2nd Shot Put 48'5.25"; 1st Discus 139'5.5"Seth Harms – 1st 1600M run 4:55.98; 1st 3200M run 11:10.45Ben Hier – 5th T High Jump 5'6"Logan Jasa – 4th 800M run 2:11.91; 2nd 1600M run 4:58.89Spencer McClellan – 2nd 3200M run 12:19.7Zach Scamehorn – 6th 100M dash 12.13Manfre Scattoni – 5th 400M dash 56.29Cameron VanGroningen – 4th 100M dash 11.82; 1st Long Jump 19'10.5"; 2nd Triple Jump 40'8"Austin Walters – 6th 300M Hurdles 46.93; 5th T High Jump 5'6"Jordan Wenzl – 6th 110M Hurdles 17.77; 2nd 300M Hurdles 43.071st – 4 x 100M Relay 47.0 (VanGroningen, Scamehorn, Masur, Wenzl)2nd – 4 x 400M Relay 3:49.09 (Scattoni, Scamehorn, Masur, Wenzl)1st – 4 x 800M Relay 9:07.13 (Harms, Jasa, Masur, Benson)**Pioneer Conference**Girls – 2nd PlaceTaylor Cockerill – 2nd 400M dash 1:04.15; 1st 800M run 2:37.63; 1st 1600M run 5:26.71Heidi Eckhardt – 4th 3200M run 13:58.63Alisha Fisher – 6th 3200M run 14:40Morgan Haner – 4th 100M dash 13.7; 4th 200M dash 29.32Nicole Harms – 2nd 100M Hurdles 16.96; 1st 300M Hurdles 47.56; 1st Triple Jump 34'9"Valerie Keim – 6th Shot Put 33'4.5"2nd – 4 x 400M Relay 4:29.77 (Harms, Wenzl, Wingert, Cockerill)6th – 4 x 800M Relay 12:36.73 (Eckhardt, Huls, Goracke, Fisher)Boys – 1st PlaceDylan Benson – 3rd 800M run 2:07.25; 5th 1600M run 5:09.12Austin Buss – 3rd 200M dash 24.11; 5th 400M dash 55.39Tristan Dirks – 4th 100M dash 11.81; 4th 200M dash 24.44Micah Erickson – 3rd Shot Put 46'9"; 2nd Discus 130'3"Seth Harms – 2nd 3200M run 11:25.47Logan Jasa – 6th 800M run 2:10.20; 3rd 1600M run 5:02.32Spencer McClellan – 5th 3200M run 11:48.63Manfre Scattoni – 6th 400M dash 55.76Cameron VanGroningen – 3rd 100M dash 11.75; 4th Long Jump 19'4.25"Jordan Wenzl – 4th 110M Hurdles 17.4; 2nd 300M Hurdles 42.14
2nd – 4 x 100M Relay 46.06 (VanGroningen, Tri Dirks, Masur, Wenzl)
3rd – 4 x 400M Relay 3:44 (Scattoni, Wenzl, Masur, Buss)
1st – 4 x 800M Relay 8:44.15 (Harms, Masur, Jasa, Benson)**Freeman Invite**Girls – 2nd PlaceTaylor Cockerill – 2nd 400M dash 1:04.4; 1st 800M run 2:33.8; 4th T High Jump 4'6"Heidi Eckhardt – 5th 1600M run 6:27.9Morgan Haner – 2nd 100M dash 13.5; 3rd 200M dash 28.5Nicole Harms – 3rd 400M dash 104.8; 2nd 100M Hurdles 16.3; 1st 300M Hurdles 46.3Valerie Keim – 3rd Shot Put 32'5.25"Carly Wenzl – 6th 800M run 2:40.36th – 4 x 100M Relay 58.0 (Goracke, Huls, Stolz, Haner)2nd – 4 x 400M Relay 4:35.5 (Cockerill, Wenzl, Wingert, Harms)6th – 4 x 800M Relay 12:49.6 (Eckhardt, Hestermann, Huls, Fisher)Boys – 1st PlaceDylan Benson – 2nd 800M run 2:08.1Austin Buss – 5th 200M dash 24.1Tristan Dirks – 4th 400M dash 54.2; 5th 800M run 2:12.6Micah Erickson – 3rd Shot Put 44'7"; 5th Discus 130'3"Seth Harms – 1st 1600M run 4:47Logan Jasa – 4th 1600M run 4:56.1Mark Stark – 6th 3200M run 12:25.2Cameron VanGroningen – 6th 200M dash 24.2Austin Walters – 6th High Jump 5'4"Jordan Wenzl – 4th 100M dash 12.0; 1st 300M Hurdles 42.44th – 4 x 100M Relay 48.0 (Buss, J. Dolbow, Masur, Wenzl)1st – 4 x 400M Relay 3:40.2 (Wenzl, Masur, Scattoni, Buss)1st – 4 x 800M Relay 8:47.5 (Harms, Masur, Jasa, Benson)**Districts**Girls – 1st Place District ChampsTaylor Cockerill – 2nd 400M dash 1:03.7*; 1st 800M run 2:31.4*; 1st 1600M run 5:54*Heidi Eckhardt – 3rd 3200M run 14:17.2Alisha Fisher – 6th 3200M run 14:49.1Morgan Haner – 4th 100M dash 13.4; 4th 200M dash 28.4Nicole Harms – 1st 100M Hurdles 16.1*; 1st 300M Hurdles 46.1*; 4th Triple Jump 34'7.75"*Carly Wenzl – 6th 400M dash 1:08.3; 3rd 800M run 2:37.2Malayna Wingert – 4th 400M dash 1:06.85th – 4 x 100M Relay 57.5 (Goracke, Jurgens, Wingert, Haner)2nd – 4 x 400M Relay 4:22 (Cockerill, Wenzl, Wingert, Harms)*4th – 4 x 800M Relay 12:55 (Eckhardt, Hestermann, Huls, Fisher)

*State Qualifiers

Boys – 1st Place District ChampsDylan Benson – 3rd 800M run 2:06.8*; 5th 1600M run 5:17.3Austin Buss – 5th 400M dash 54.8Trace Dirks – 6th 3200M run 12:21.1Tristan Dirks – 3rd 400M dash 53.0; 5th 800M run 2:15.8Micah Erickson – 3rd Shot Put 42'10.5"; 4th Discus 125'9"Seth Harms – 1st 1600M run 4:47.7*; 1st 3200M run 11:23.5*Ben Hier – 6th High Jump 5'4"Logan Jasa – 2nd 1600M run 4:49.2*Spencer McClellan – 5th 3200M run 12:13.7

Cameron VanGroningen – 5th 100M dash 11.5; 3rd Long Jump 20'1.5";
 5th Triple Jump 39'8.5"
 Austin Walters – 4th High Jump 5'7"
 Jordan Wenzl – 4th 110M Hurdles 17.3; 2nd 300M Hurdles 42.9*
 2nd – 4 x 100M Relay 46.0 (VanGroningen, Tri Dirks, Wenzl, Masur)
 2nd – 4 x 400M Relay 3:41.6 (Masur, Wenzl, Scattoni, Buss)*
 1st – 4 x 800M Relay 8:43.9 (Harms, Jasa, Benson, Masur)*
 *State Qualifiers

State Track

Girls

Taylor Cockerill – 3rd 800M run 2:24.53
 Nicole Harms – 7th Triple Jump 34'11.75"; 8th 100M Hurdles -
 300M Hurdles 47.12

Boys – 8th Place

Seth Harms – 4th 3200M run 10:25.53; 3rd 1600M run 4:41.57
 Logan Jasa – 4th 1600M run 4:43.71
 Jordan Wenzl – 7th 300M Hurdles 42.82
 2nd – 4 x 800M Relay 8:36.71 (Harms, Masur, Jasa, Benson)



**2016 Awards Night
 Royalty**
 Queen Erika Goracke
 & King Joshua Masur

New School Records

Taylor Cockerill
 1600M run 5:26.71

**2015-16 Lincoln Journal Star's
 Class Acts**



LINCOLN JOURNAL STAR ACADEMIC ALL-STATE

Sport Selected			Seniors	GPA	Rank
VB	GTF	GBB	Erika Goracke	4.0	1/18
GBB	VB	GTF	Marah Hestermann	3.6	6/18
GBB	VB		Hannah Jasa	4.0	2/18
GBB	VB		Bailey Kahler	3.7	5/18
BBB	FB		Thomas Tucker	3.8	4/18



LINCOLN JOURNAL STAR ACADEMIC ALL-STATE

Sport Selected			Juniors	GPA	Rank
BBB	BTF	FB	Austin Buss	4.0	1/22
GTF	GBB	VB	Taylor Cockerill	4.0	1/22
FB	BBB	BTF	Micah Erickson	4.0	3/22



STUDENTS OF THE MONTH: APRIL
CARLY WENZL &
COLBY THIES



New School Records

Macie Whalen

800M run 2:30.75

400M dash 62.82

1600M run 5:44.5

Wilber Invite

Girls – 8th Place

Belle Haner – 5th Shot Put 24'4"

Macie Whalen – 1st 800M run 2:37.9; 2nd 1600M run 5:57.6

6th – 4 x 400M Relay 5:43.5 (Wusk, Gonzalez-Castillo, Walters, Whalen)

6th – 4 x 800M Relay 13:11 (Wusk, Holthus, Cambron, Gonzalez-Castillo)

Boys – 8th Place

Sam Boldt – 6th 110M Hurdles 18.7; 5th 300M Hurdles 51.0; 5th Triple Jump 31'10.5"

Derek Buss – 2nd 100M dash 12.6; 5th 200M dash 26.5

Joel Rathe – 5th 100M dash 13.0; 6th 200M dash 26.9

3rd – 4 x 400M Relay 4:28.8

Pawnee City Invite

Girls – 6th Place

Belle Haner – 1st Shot Put 26'1.5"

JJ Tallant – 5th Shot Put 24'5"; 5th Discus 62'10"

Colby Thies – 4th Shot Put 24'5.5"

Macie Whalen – 1st 400M dash 1:05.53; 1st 800M run 2:40.02; 1st 1600M run 5:46.67

5th – 4 x 400M Relay 5:06.57 (Klein, Wusk, Gonzalez-Castillo, Whalen)

Boys – 3rd Place

Sam Boldt – 3rd 110M Hurdles 19.29; 3rd 300M Hurdles 50.57; 3rd Triple Jump 34'1"

Derek Buss – 2nd 100M dash 12.92; 2nd 200M dash 25.94

Brian Heusman – 6th 400M dash 1:07.13

Joel Rathe – 3rd 100M dash 13.16; 3rd 200M dash 26.32

3rd – 4 x 100M Relay 1:00.44

3rd – 4 x 200M Relay 2:05.35

1st – 4 x 400M Relay 4:20.76

MUDECAS

Girls – 5th Place B Division

Bianca Gonzalez-Castillo – 6th 800M run 3:04.55; 5th 1600M run 7:03.44

Belle Haner – 2nd Shot Put 26'11"

Jessie Klein – 5th 100M dash 14.83

JJ Tallant – 5th Discus 60'2"

Colby Thies – 3rd Shot Put 26'1.5"; 4th Discus 65'5"

Macie Whalen – 1st 100M dash 14.07; 1st 400M dash 1:05.03; 2nd 800M run 2:37.15

Kaity Wusk – 4th 400M dash 1:15.66

5th – 4 x 200M Relay 2:21.44 (Klein, Holthus, Walters, Wusk)

4th – 4 x 400M Relay 5:34.88 (Klein, Gonzalez-Castillo, Walters, Wusk)

Boys – 2nd Place B Division

Sam Boldt – 2nd 110M Hurdles 19.07; 4th 300M Hurdles 50.26; 4th Triple Jump 32'4.5"

Derek Buss – 2nd 100M dash 13.11; 3rd 200M dash 26.25; 1st 400M dash 1:01.87

Treyton Cockerill – 5th Discus 81'7"

Brian Heusman – 4th 1600M run 5:55.74

Colbey Nielsen – 4th 800M run 2:37.85; 3rd 1600M run 5:55.57

Joel Rathe – 1st 100M dash 12.8; 2nd 200M dash 26.23; 3rd 400M dash 1:04.52

Diego Sterkel – 6th 800M run 2:40.28

4th – 4 x 100M Relay 1:01.72

4th – 4 x 200M Relay 2:08.26

2nd – 4 x 400M Relay 4:33.33

Freeman Invite

Girls – 6th Place

Jessie Klein – 5th 100M dash 14.71; 6th 200M dash 32.1

Belle Haner – 2nd Shot Put 26'5"

Colby Thies – 2nd Discus 69'9"

Macie Whalen – 1st 800M run 2:34.3; 1st 1600M run 5:44.5

Kaity Wusk – 5th 400M dash 1:15.3

6th – 4 x 400M Relay 5:36 (Wusk, Gonzalez-Castillo, Holthus, Walters)

4th – 4 x 800M Relay 12:55 (Wusk, Cambron, Walters, Gonzalez-Castillo)

Boys – 3rd Place

Sam Boldt – 1st 110M Hurdles 18.7; 1st 300M Hurdles 49.5; 2nd Triple Jump 33'8"

Derek Buss – 4th 100M dash 12.82; 3rd 200M dash 26.2; 3rd 400M dash 59.5

Treyton Cockerill – 4th Discus 85'9"

Brian Heusman – 6th 1600M run 5:53.3

Joel Rathe – 2nd 100M dash 12.8; 4th 200M dash 26.21; 6th 400M dash 1:03.1

6th – 4 x 100M Relay 59.6

2nd – 4 x 400M Relay 4:13.4

2nd – 4 x 800M Relay 10:53.9

Pioneer Conference

Girls – 6th Place

Belle Haner – 6th Shot Put 24'6.5"

JJ Tallant – 6th Discus 68'4"

Colby Thies – 2nd Shot Put 26'10.75"; 1st Discus 82'3"

Macie Whalen – 3rd 200M dash 28.96; 1st 400M dash 1:02.82; 1st 800M run 2:36.62; 4th 1600M run 6:30.43

6th – 4 x 200M Relay 2:16.87

Boys – 3rd Place

Sam Boldt – 4th 300M Hurdles 49.5; 3rd Triple Jump 32'11.5"

Derek Buss – 3rd 100M dash 12.76; 1st 200M dash 26.16; 1st 400M dash 59.44

Colbey Nielsen – 4th 1600M run 5:42.49

Joel Rathe – 2nd 100M dash 12.35; 2nd 200M dash 26.46; 6th 400M dash 1:06.81

6th – 4 x 100M Relay 1:02

6th – 4 x 200M Relay 2:06.76

1st – 4 x 400M Relay 4:08.78

Junior High State Track

Macie Whalen – 5th 800M run 2:30.75

JUNE 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 29	30 MEMORIAL DAY Services @ Cemetery - 11AM	31	June 1	2	3	4 Sterling Picnic Parade @ 4PM
5	6	7 Believers & Achievers Banquet	8 Girls BB Summer League	9 Boys Varsity BB Team Camp @ Nebr. City Lourdes	10 BOYS BB CAMP 8AM-1PM	11 ACT Test Date
12	13 Boys Varsity/JV BB Team Camp @ Superior	14	15 Girls BB Summer League	16 Boys JV BB Team Camp @ Nebr. City Lourdes	17 All Star VB Game @ Beatrice - 7:30PM	18 All Star BB Games @ Beatrice - Girls 6PM/Boys 8PM Boys Varsity BB Team Camp @ Nebr. City
19	20 SCHOOL BOARD MTG. - 7:30PM	21	22 Girls BB Summer League Boys Varsity BB Team Camp @ Freeman	23 Boys JV BB Team Camp @ Freeman	24	25
26	27	28	29 Girls BB Summer League	30 July 1		2

CORNHUSKER GIRLS STATE

SUMMER SCHOOL 8:30AM-3PM

SKILLS USA NATIONAL CONFERENCE @ LOUISVILLE, KY


SUMMER SCHOOL 8:30AM-3PM

STERLING VOLLEYBALL CAMP 9AM-11:30AM

SUMMER WEIGHTLIFTING: JUNE 6 - AUG 5 from 7-9AM

These calendars are subject to change.

JULY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
June 26	27	28	29	30	1	2
		STERLING VOLLEYBALL CAMP 9AM-11:30AM				
3	4	5	6	7	8	9
			STERLING TRACK CAMP 8-10AM / 11AM-1PM			
10	11	12	13	14	15	16
			VB Team Camp @ Seward		VB TEAM CAMP @ DOANE	
17	18	19	20	21	22	23
	SCHOOL BOARD MTG. - 7:30PM					
24	25	26	27	28	29	30
			STERLING FB CAMP - HS: 7-9AM/ELEM: 9-10:30AM @ PRACTICE FIELD			VB Team Camp @ Concordia
			VB POSITIONS CAMP @ CONCORDIA			
			NCA COACHES CLINIC			
31	August 1	2	3	4	5	6

SUMMER WEIGHTLIFTING: JUNE 6 - AUG 5 from 7-9AM

These calendars are subject to change.

**STERLING
PUBLIC
SCHOOLS**

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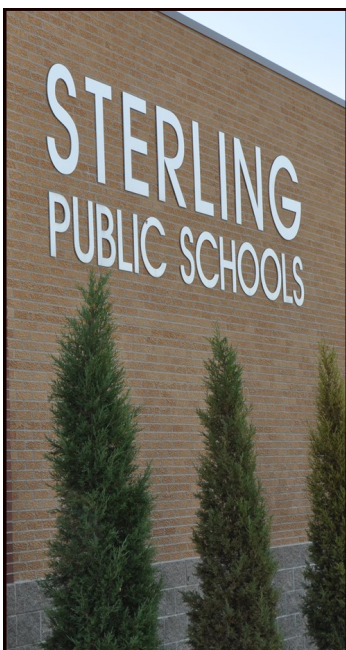
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POSTAL CUSTOMER
STERLING, NE 68443

Superintendent
Ryan Knippelmeyer

K-12 Principal
Activities Director
Ryun Theobald

Athletic Director
Brent Heusman



HAVE A FUN & SAFE
SUMMER!!!

Stay up to date with all things JET related by going to the school website: www.sterlingjets.org, our [Facebook](#) page, and for sports scores, follow us on Twitter: [@spsjetpride!!!](#)