## June/July 2015 Sterling Jet News



## Superintendent's Notes by Mike Davis

Angela Durflinger our New $4^{\text {th }}$ Grade Teacher. Angela Durflinger is from the very small town of Alexandria, Nebraska. She attended Meridian Public School from K-12 ${ }^{\text {th }}$ grade. While in high school, she was involved in Student Council, Band, Speech, National Honor Society, Basketball, and Track. Miss Durflinger graduated from Peru State College with a Bachelor's Degree in Early Childhood and Elementary Education. At Peru, she was a Student Success Services mentor and tutor. She was also a member of Peru Student Education Association and President of Kappa Delta Pi.
Spending time with family and friends, watching movies, and spoiling her nephews of her favorite things to do. She also enjoys reading, playing cards, hunting, fishing, and spending time outside. Miss Durflinger feels blessed to be given this opportunity to teach at Sterling! "I have only heard great things about the school and the students. I can't wait to see what fourth grade has in store for me! Go Jets!"


## Anne Wohlers our New Kindergarten Teacher.

Anne Wohlers grew up on an acreage not far from Sterling, between Bennet and Panama. She graduated from Norris High School and spent her childhood playing outside, singing, and doing theatre. After graduating high school, she began taking classes at SCC in Lincoln and worked towards a degree in Early Childhood Education.
Miss Wohlers spent time teaching Vacation Bible School while in high school and decided to carry on her love for teaching by turning it into her career. In 2012, after two years at SCC, she transferred to Peru State College and continued to pursue her degree in teaching, this time focusing on Elementary Education.
She loved the small town feel of Peru and enjoyed being active in campus events. Miss Wohlers graduated from Peru State College this spring and although she will miss Peru, she is excited to begin her career as a teacher!
In addition to teaching, she spends spare time road tripping to Colorado to visit her younger sister, who attends Colorado State University. She enjoys hiking, fishing, and watching the Kansas City Royals baseball team. "I am looking forward to this coming school year! Go Jets!"

## Second Chance Breakfast a Success.

This year the students in grades 7-12 were given a second chance to eat breakfast after $1^{\text {st }}$ period. A total of 2,616 more breakfasts were eaten this year compared to last school year. This is an increase of $76 \%$ and the result was an additional federal reimbursement of $\$ 4,551.67$ over last year! (There was also and increase of 2,925 lunches served over the last year.)
Meal Prices Set for 2015-2016.

|  | Breakfast | Lunch | Milk |
| :--- | :--- | :--- | :--- |
|  | PK-6 | $\$ 1.70$ | $\$ 2.50$ |
| $7-12$ | $\$ 2.25$ | $\$ 2.75$ | $\$ .50$ |
| Reduced | $\$ .30$ | $\$ .40$ | $\$ .50$ |
| Adults | $\$ 2.25$ | $\$ 3.50$ | $\$ .60$ |

The milk prices are the same and the breakfast/lunch prices are a dime increase over the 2014-15 school year.

## Superintendent's Notes cont.

## I am Retiring.

As everyone knows, I am retiring again at the end of June and Mr. Knippelmeyer is preparing to take over on July $1^{\text {st }}, 2015$.
Highlights of my tenure as superintendent for the past two years at Sterling include: Starting the Sterling TeamMates Chapter and the Sterling FFA Chapter, bringing Missoula Children's Theatre to Sterling, the Heating, Ventilation, and Air Conditioning (HVAC) improvements to the buildings, hot lunch improvements and the second chance breakfast, increasing the PreK to full-time, converting the old bookkeeping system to the new web-based Apta Fund Accounting Package, and converting the Board Policies to the Perry Law Firm Policies and making them available on the school website.
 Sterling FFA Recognize Mr. and Mrs. Davis. Sterling FFA members presented Mr. and Mrs. Davis with farewell gifts at their $2^{\text {nd }}$ Annual FFA Awards Banquet on May $1^{\text {st }}, 2015$.
FFA Officers Attended C.O.L.T. Conference with Advisor Ms. Woeppel .
The 2015-2016 Sterling FFA Officers attended the Chapter Officer Leadership Training (COLT) Conference on May $21^{\text {st }}-22^{\text {nd }}$ in Aurora, NE. Learning their responsibilities as officers, learning about their strengths, learning about leadership, and setting chapter goals were the purposes for the conference. Pictured in the photo (l-r): Miss Woeppel, Elly Lempka - Reporter, Micah Erickson - Vice President, Erika Eckhardt - President, Alisha Fisher - Secretary, Sydney Goracke - Treasurer, and Mae Stark - Sentinel

| ACT TEST DATES 2015-16 |  |  |
| :---: | :---: | :---: |
| Date | Registration <br> Deadline | Late Fee <br> Required |
| September 12, 2015 | August 7, 2015 | August 8-21, 2015 |
| October 24, 2015 | September 18, 2015 | Sept. 19- Oct. 2, 2015 |
| December 12, 2015 | November 6, 2015 | November 7-20, 2015 |
| February 6, 2016 | January 8, 2016 | January 9-15, 2016 |
| April 9,2016 | March 4, 2016 | March 5-18, 2016 |
| June 11,2016 | May 6, 2016 | May 7-20, 2016 |

## K- $6^{\text {th }}$ Grade Open House \& $7^{\text {th }}$ Orientation

Dates and Times have not yet been determined. Watch the school website: Www.sterlingjets.org and our Facebook page: https://www.facebook.com/pages/ Sterling-Public-Schools/215583748470614 for more information.


If you have a $6^{\text {th }}$ grader going into $7^{\text {th }}$ grade or a student going out for a sport in grades 7-12 this year, you will need to get a school physical completed. We have the release and insurance form on the physical for all parents to sign and return with the student the first day of school. This is only grades 7-12.


Summer Office Hours:
Tuesdays, Wednesdays, \& Thursdays 8AM-3PM

## Sterling K-6 School Supplies for 2015-16

## KINDERGARTEN:

3 - Boxes of 24 Crayons
2 - Large Glue Sticks
1 - Tub of Play-Dough
12 - Pencils - (no mechanical pencils please)
1-1" Binder
*2 - Boxes of Kleenex
*Clorox/Lysol Wipes

* Items will be shared in the kindergarten classroom.

1 - Paint Shirt or Smock
1 - Book Bag
Tennis Shoes (an extra pair that will stay in their cubby for P.E. and indoor recess)

Please remember to put your child's name on these items.

We need your help in gathering the supplies and materials that will be used throughout the school year. Please help us by sending to school any of the following materials that you would like to donate:

Sandwich size baggies
Large and small white paper plates (not foam)
Ribbon, sequins, \& craft items
FIRST GRADE:
*10 - Pencils
1- Eraser
1 - Box of 24 Crayons
2 - Pocket Folders
*2 - Glue Sticks
1 - Pencil Box
P.E. Shoes (to be left at school)

## Optional:

Colored pencils
2 - Big Boxes of Kleenex
*/tems that may need to be replenished throughout the year.

## SECOND GRADE:

Pencils
Eraser
Crayons
Glue sticks
Ruler w/ Inches \& Centimeters
Notebook paper
Pencil box
P.E. Shoes

Optional:
Colored Pencils \& Markers
2 - Boxes of Kleenex

## ELEMENTARY

## THIRD GRADE:

Several \#2 Pencils - (no mechanical pencils please)
1 or 2 - Large Pink Erasers
1 - Box of Crayons (16 or more)
2 - Boxes of Kleenex
2 - Glue Sticks
1 - Bottle of Glue

WISH LIST:<br>Disinfectant Wipes

1 - Pencil Box
*Note, the following folders NEED to be these colors*
*1 - Yellow Folder
*1 - Red Folder
*1 - Green Folder
*1 - Blue Folder
1 - Folder of your choice that isn't a color from above
P.E. Shoes - will be kept at school

1 - Set of Multiplication Cards (0-12)
1 - Set of Division Flash Cards
Extras you may want:
Markers, Colored pencils, \& One pack of loose leaf paper.

## FOURTH GRADE:

1- Ruler with Millimeters \& Centimeters
8 - Folders
2 - Spiral Notebooks (Writing/Journal)
Crayons
Colored Pencils
Markers
Glue Sticks
Pencils \& Erasers
2 - Boxes of Kleenex
P.E. Shoes

## FIFTH GRADE:

\#2 Pencils - (no mechanical pencils please)
Pens (2 Red and the rest Black or Blue)
2 - BLACK Erasable Board Markers (no colored please)
1 - Old Sock
5 - Pocket Folders
5 - College Ruled Paper or Notebooks
2 - Book Covers
P.E. Shoes

3 - Boxes of Kleenex

## (Please remember Kleenex because we go through a lot of them)

## SIXTH GRADE:

2 of the following colors of pens (red, blue, \& black)
\#2 Pencils
Lined Paper
3 - Pocket Folders
3 - Book Covers
1 - Box of Kleenex
P.E. Shoes

# Sterling 7-12 School Supplies for 2015-16 

|  |  | ENGLISH 7-12: | SCIENCE: |
| :---: | :---: | :---: | :---: |
| MATH 7-8: | MATH 9-12: | $\frac{3 \text { Ring Binder }}{}$ | 3 Ring Binder |
| 3 Ring Binder with 4 Dividers | 3 Ring Binder with 4 Dividers | College Ruled Paper | encils and/or Blue Pens Red Pens |
| Loose Leaf Paper Pencils/Pens | Loose Leaf Paper Pencils/Pens | Blue, Black, \& Red Pens Pencils | Colored Pencils for Labs |
| Scientific Calculator (optional) | TI-83 or TI-84 Calculator (optional) | Colored Pencils 2-2 Pocket Folders | (Chemistry \& Physics should have Scientific calculator) |

## Sterling PreK School Supplies for 2015-16

1 - Regular sized hard plastic pencil box that snaps closed
1 - Two pocket folder
1 - Roll of paper towels
1 - Pump bottle of hand sanitizer
1 - Large box of tissues
1 - Refill package of baby wipes
1 - Backpack
1 - Water Bottle - needs to have a top/spout that can be closed when not in use. We will use this for the entire school year, so no disposable plastic bottles please. This will sent home on Fridays so you can wash it and send it back on Monday.
1 - Blanket - this blanket will be used during nap/rest time and will need to stay at school. It will also go home every Friday so you can wash it.
1 - Crib sheet to be used on you child's cot. This will be sent home every Friday as well.
1 - Change of clothes - please send a pair of shorts, a shirt, a pair of underwear, and socks. We'll change these items out as the seasons change.
1 month supply of nonperishable snack food. Can be prepared or put into sandwich baggies prior to being sent to school. We'll send a note home when their snacks begin to run low.

## $6^{\text {th }}$ Grade Reading

This year we decided to try something new. The $6^{\text {th }}$ grade class was given an assignment to write and illustrate a story book. They did an excellent job, all of them! I sent the stories to Student Treasures, a publishing company, and had the company put them into a published book. The title is " 13 Marvelous Tales". There are two volumes because they wrote several pages; actually we had to cut it down twice to get them to fit. You can look at the books in our library, so if you have a grandchild, niece, or nephew that wrote a story and would like to purchase one you could just purchase the book with their story in it.
When we first had the stories written and illustrated, the class read the them to each individual elementary class to see how they would like them. They loved them and actually it was a suggestion of one of the younger ones to get a copy for the library, so they could check them out. Even the publisher told me what an outstanding job they did on their illustrations.
Come and look at them in the library, or if you just want to order one, go to:

1) Studentreasures.com/ordercopies;
2) enter the pin\# 3948435 (volume 1) or pin\# 3948436 (volume 2);
3) you can buy 2 copies and get the 3rd one free if you enter code BUY2G1 at checkout.
The price is $\$ 19.95+$ shipping and handling.
You can also call: 1-800-867-2292.


## Ms. Kate and the 6th Grade Class



## 2015 Sterling Jets Football Camp July 27 $^{\text {th }}$, 28 $^{\text {th }}$, \& 29th

Grades 3-8 9:00 a.m. to 10:30 a.m.
Grades 9-12 7:00 a.m. to 9 a.m.


This camp will emphasize the fundamentals of football and the proper technique of all positions so that each individual can experience the footwork, agility, and gain the knowledge of this sport to make them better athletes.

Camp features:

* Camp T-shirt
*Refreshments
*Individual instruction by the SHS football coaches: Wusk, Heusman, \& Cockerill
This is a non-contact camp.
Each camper will need shorts, t -shirt, and comfortable running shoes or football shoes.
Camp will be located south of the small baseball field area.
The cost for the camp is $\$ 25.00$ and checks should be made payable to Sterling Football Camp.


## 2015 Sterling Football Camp Parent Release Form

I, $\qquad$ , understand that football is a physical activity and there is a risk Parent/Guardian
involved with my son participating in the Sterling Football Camp. By signing this form, I agree not to hold Sterling Public Schools or anyone associated with the camp responsible for injuries or damages incurred during his participation at the camp.

# STERLING PUBLIC SCHOOLS 2014-15 4TH QUARTER/2ND SEMESTER HONOR ROLL 



2015 Awards Night Royalty Queen Becky Williams E Kin\& Tanner Shea

HONOR ROLL OF DISTINCTION
(Students receiving an overall average of $93 \%$ or above, with no grade lower than $90 \%$ )
$7^{\text {th }}$ Grade
Joel Rathe (2 ${ }^{\text {nd }}$ sem. only)
Colby Thies (both)

Torie Tucker (both) Sheanna Stolz (2nd sem. only) McKayla Vermeer (both)
$10^{\text {th }}$ Grade
Austin Buss (both)
Taylor Cockerill (both)
Micah Erickson (both)
$11^{\text {th }}$ Grade
Zachary Scamehorn (both) Erika Eckhardt (2 ${ }^{\text {nd }}$ semester only) Daniel Schwenneker (both)
$8^{\text {th }}$ Grade
Caleb Dolbow (both)
Nicole Harms (both)
Malayna Wingert (both)
$9^{\text {th }}$ Grade

Erika Goracke (both)
Hannah Jasa (both)
$12^{\text {th }}$ Grade
Megan Barber (2nd sem. only) Michel Crisante (both)
Meri Hietbrink (4th qu. only)
Benjamin Logston (both)

Tanner Shea (both)
Nathan Thies (both)
Becky Williams (both)
REGULAR HONOR ROLL
(Students receiving an overall average of $90 \%$ or above, with no grade lower than
$7^{\text {th }}$ Grade
Joel Rathe ( $4^{\text {th }}$ qu. only)
Diego Sterkel (4 ${ }^{\text {th }}$ qu. only)
$8^{\text {th }}$ Grade
Emily Agena (2 ${ }^{\text {nd }}$ sem. only)
Morgan Haner (both)
Logan Jasa (both)
Cameron VanGroningen (both)
Carly Wenzl (both)
9th $^{\text {th }}$ Grade
Benjamin Hier (both)
Mark Stark (both)
Sheanna Stolz (4t ${ }^{\text {th }}$ qu. only)
$10^{\text {th }}$ Grade
Dylan Benson (4th qr. only)
Alisha Fisher (4th qr. only)
$11^{\text {th }}$ Grade
Haylee Boldt (4th qr. only)
Erika Eckhardt (4th qr. only)
Marah Hestermann (both)
Bailey Kahler (both)
Elly Lempka (4th qr. only)
Joshua Masur (both)
Thomas Tucker (both)
$12^{\text {th }}$ Grade
Megan Barber ( $4^{\text {th }}$ qr. only)
Jazzy Eickhoff (both)
Meri Hietbrink ( $2^{\text {nd }}$ sem. only)

# 2015 Lady Jets VB Camp Featuring former Lady Jet players: Courtney VanGroningen - Wayne State Jordan Lempka - Midland Lutheran June 29, 30, \& July 1 (M,T,W) 2015 

We again will be conducting the Sterling Lady Jets Volleyball Clinic for 3 days. The dates for the_Elementary \& Jr. High Volleyball Camp are June 29, 30 \& July 1 (Monday - Wed.) high School in the mornings \& Elem. IJr. High in the afternoons. We are very excited, as coaches, looking ahead to the 2015 season. We have a good nucleus of girls coming back and are excited with incoming freshman; there are 6-8 of them so it looks promising for the future.

The High School camp will include 9 th through $12^{\text {th }}$ grade girls and will be held in the mornings from 9:00 to 11:30am. Thursday July $2^{\text {nd }}$ the HS girls will get together to go over some offensive and defensive schemes to get ready for the team camps.
After the Sterling camp we will put together the girls to attend team volleyball camps. The first one is a Varsity \& JV camp at Concordia University July $\mathbf{1 0}^{\text {th }}$, the second, a varsity camp, is at Kearney on July 17-18 ${ }^{\text {th }}$, the third (varsity) is the Last Chance team camp at Hastings H.S. July $31^{\text {st. }}$ The 2015 season starts August $\mathbf{1 7}^{\text {th }}$ with practice after school.

The Elementary/6-8 Sterling Lady Jets VB Camp will run 1:00 pm till 3:00 pm. Girls will learn defensive as well as offensive techniques along with solid fundamentals. $8^{\text {th }}$ grade girls can choice either of the morning or afternoon camp.

The cost of this year's camp is $\$ 50$ per player.
Register and pay for the camp, at the door, the first day of the camp.
I also have brochures for other college individual VB camps elsewhere but we're talking more money (approx. \$150). Many of the camps are position specialist instruction. If you're interested, contact me and we'll see what can fit into your schedule.

Senior High girls will go from 9:00 a.m. to 11:30 p.m.
Elementary \& Junior High will go from 1:00 p.m. to 3:00 p.m.
Camp director Head Coach Stan Karr
VOLLEYBALL CAMP June 29 - July 1
*Cost of camp \$50
Name

Grade in 2015-2016 $\qquad$
> *Make checks payable to Lady Jets Volleyball (NOT THE SCHOOL)

## Pioneer Indoor

Girls $-6^{\text {th }}$ Place
Taylor Cockerill $-1^{\text {st }} 400 \mathrm{M}$ dash 1:06.9; $2^{\text {nd }} 800 \mathrm{M}$ run 2:38.3; $2^{\text {nd }}$
1600M run 6:03.3, $6^{\text {th }}$ High Jump 4'6"
Jazzy Eickhoff - $2^{\text {nd }}$ Shot Put 34' $11^{\prime \prime}$
Becky Williams $-4^{\text {th }}$ Shot Put $33^{\prime} 4^{\prime \prime}$
Boys $-2^{\text {nd }}$ Place
Dylan Benson $-3^{\text {rd }} 3200 \mathrm{M}$ run 11:43.4
Austin Buss $-5^{\text {th }} 400 \mathrm{M}$ dash 56.9
Rhet Dirks $-2^{\text {nd }} 400 \mathrm{M}$ dash $55.5 ; 1^{\text {st }} 800 \mathrm{M}$ run $2: 14.1 ; 3^{\text {rd }} 1600 \mathrm{M}$ run 5:24.6
Seth Harms $-2^{\text {nd }} 3200 \mathrm{M}$ run 11:39.8; $3^{\text {rd }} 800 \mathrm{M}$ run 2:22.1
Josh Masur - $4^{\text {th }} 1600 \mathrm{M}$ run 5:32.2
Tanner Shea $-5^{\text {th }}$ Long Jump $18^{\prime} 8.25^{\prime \prime} ; 2^{\text {nd }}$ Triple Jump 40'2.75"
Jordan Wenzl $-3^{\text {rd }} 60 \mathrm{M}$ Hurdles 10.5
$3^{\text {rd }}-4 \times 400 \mathrm{M}$ Relay 4:00.4 (Buss, Shea, Wenzl, Hier)
$1^{\text {st }}-4 \times 800 \mathrm{M}$ Relay 9:23.2 (Benson, Dolbow, Masur, Harms)

## Wilber Invite

Girls $-5^{\text {th }}$ Place
Taylor Cockerill $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:04.6; $2^{\text {nd }} 800 \mathrm{M}$ run 2:31.7; $5^{\text {th }} 200 \mathrm{M}$ dash 29.6; $2^{\text {nd }} 1600 \mathrm{M}$ run 6:07.1
Jazzy Eickhoff $-3^{\text {rd }}$ Shot Put $34^{\prime} 9^{\prime \prime} ; 3^{\text {rd }}$ Discus $107^{\prime} 6^{\prime \prime}$
Marah Hestermann -5 ${ }^{\text {th }} 3200 \mathrm{M}$ run 16:33.9
Valerie Keim - $4^{\text {th }}$ Shot Put 32'9.25"
Becky Williams $-2^{\text {nd }}$ Shot Put $35^{\prime} 1^{\prime \prime}$
$5^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 12:04.6 (Fendrick, Hestermann, Fisher, Kahler)
Boys $-4^{\text {th }}$ Place
Dylan Benson $-4^{\text {th }} 800 \mathrm{M}$ run 2:14.3; $3^{\text {rd }} 3200 \mathrm{M}$ run 11:38.9
Austin Buss $-2^{\text {nd }} 400 \mathrm{M}$ dash 55.0
Rhet Dirks $-3^{\text {rd }} 400 \mathrm{M}$ dash 55.4
Josh Masur $-6^{\text {th }} 1600 \mathrm{M}$ run 5:20.7
Spencer McClellan - $5^{\text {th }} 3200 \mathrm{M}$ run 11:52.5
Tanner Shea $-4^{\text {th }}$ Triple Jump 40'.25"
$3^{\text {rd }}-4 \times 800 \mathrm{M}$ Relay 9:37.3 (Benson, Dolbow, Masur, Dirks)
$5^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 50.3 (Masur, Dolbow, Wenzl, Shea)
$6^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 3:55.2 (Buss, Masur, Hier, Shea)

## Mustang Invite

Girls $-7^{\text {th }}$ Place
Taylor Cockerill $-5^{\text {th }} 400 \mathrm{M}$ dash 1:06.6; $2^{\text {nd }} 800 \mathrm{M}$ run 2:40.9; $3^{\text {rd }}$ 1600M run 6:09.5
Jazzy Eickhoff $-3^{\text {rd }}$ Shot Put $34^{\prime} 4^{\prime \prime} ; 3^{\text {rd }}$ Discus $99^{\prime}$
Makaela Fendrick $-6^{\text {th }} 1600 \mathrm{M}$ run 6:45.5; $5^{\text {th }}$ 3200M run 14:15.8 Becky Williams $-4^{\text {th }}$ Shot Put $33^{\prime} 9^{\prime \prime}$
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:02.1 (Akers, Boldt, Fisher, E. Goracke)
$6^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 4:52.8 (Fendrick, E. Goracke, Kahler, Cockerill)
$5^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 12:15.0 (Kahler, Stolz, Fisher, Fendrick)

## Boys $-3^{\text {rd }}$ Place

Dylan Benson $-2^{\text {nd }} 1600 \mathrm{M}$ run 5:18.4; $2^{\text {nd }} 3200 \mathrm{M}$ run 11:43.7
Rhet Dirks $-5^{\text {th }} 400 \mathrm{M}$ dash $56.3 ; 1^{\text {st }} 800 \mathrm{M}$ run $2: 14.3 ; 3^{\text {rd }} 1600 \mathrm{M}$ run 5:21.9
Seth Harms $-3^{\text {rd }} 800 \mathrm{M}$ run 2:16.4; $1^{\text {st }} 3200 \mathrm{M}$ run 11:31.0
Josh Masur - $5^{\text {th }} 1600 \mathrm{M}$ run 5:30.2
Spencer McClellan - $4^{\text {th }} 3200 \mathrm{M}$ run 12:12.5
Tanner Shea $-5^{\text {th }}$ Triple Jump 37'10"
Jordan Wenzl $-6^{\text {th }} 300 \mathrm{M}$ Hurdles 45.4
$5^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 49.5 (Masur, Dolbow, Wenzl, Shea)
$5^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 3:56.7 (Buss, Masur, Shea, Dirks)
$1^{\text {st }}-4 \times 800 \mathrm{M}$ Relay 9:13 (Benson, Dolbow, Masur, Harms)

## Lewiston Invite

Girls $-6^{\text {th }}$ Place
Taylor Cockerill $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:05; $2^{\text {nd }} 800 \mathrm{M}$ run 2:35.5; $4^{\text {th }} 1600 \mathrm{M}$ run 6:13.5
Jazzy Eickhoff - $1^{\text {st }}$ Shot Put $35^{\prime} 9^{\prime \prime} ; 3^{\text {rd }}$ Discus $96^{\prime} 3^{\prime \prime}$
Sydney Goracke $-6^{\text {th }} 100 \mathrm{M}$ Hurdles 19.6
Becky Williams $-2^{\text {nd }}$ Shot Put $35^{\prime} 1^{\prime \prime}$
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:00.6 (Kahler, Stolz, Fisher, E. Goracke)
$5^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 11:50.3 (Kahler, Stolz, Frerichs-Shea, Fendrick)
Boys $-1^{\text {st }}$ Place
Dylan Benson $-5^{\text {th }} 1600 \mathrm{M}$ run 5:10; $4^{\text {th }} 3200 \mathrm{M}$ run 11:25 Austin Buss - $1^{\text {st }} 400 \mathrm{M}$ dash 54.7
Rhet Dirks $-2^{\text {nd }} 400 \mathrm{M}$ dash 55.0; $2^{\text {nd }} 800 \mathrm{M}$ run 2:10
Micah Erickson - $4^{\text {th }}$ Shot Put $38^{\prime} 10.75^{\prime \prime} ; 3^{\text {rd }}$ Discus $116^{\prime} 9^{\prime \prime}$
Seth Harms $-3^{\text {rd }} 3200 \mathrm{M}$ run 11:21
Josh Masur $-6^{\text {th }} 1600 \mathrm{M}$ run 5:11.6
Tanner Shea - $3^{\text {rd }} 200 \mathrm{M}$ dash 24.1;
Jordan Wenzl $-4^{\text {th }} 300 \mathrm{M}$ Hurdles 45.9
$5^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 50.2 (Masur, Dolbow, Wenzl, Buss)
$3^{\text {rd }}-4 \times 400 \mathrm{M}$ Relay 3:49.3 (Buss, Shea, Hier, Dirks)
$1^{\text {st }}-4 \times 800 \mathrm{M}$ Relay 9:12.3) (Benson, Dolbow, Masur, Harms)

## Irish Invite

Girls $-5^{\text {th }}$ Place
Taylor Cockerill $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:03.9; $1^{\text {st }} 800 \mathrm{M}$ run 2:29.9; $1^{\text {st }}$ 1600M run 6:00.5
Jazzy Eickhoff - $3^{\text {rd }}$ Shot Put $36^{\prime} 6^{\prime \prime} ; 3^{\text {rd }}$ Discus $104^{\prime} 5^{\prime \prime}$
Makaela Fendrick $-4^{\text {th }} 3200 \mathrm{M}$ run 14:32.1
Jayda Furtado $-6^{\text {th }}$ High Jump 4'2"
Becky Williams $-4^{\text {th }}$ Shot Put $35^{\prime} 5.25^{\prime \prime}$
$5^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 11:37.4 (Kahler, Stolz, Frerichs-Shea, Fendrick)

## Boys $-6^{\text {th }}$ Place

Austin Buss $-6^{\text {th }} 400 \mathrm{M}$ dash 55.5
Josh Dolbow $-6^{\text {th }} 800 \mathrm{M}$ run 2:17.3
Rhet Dirks $-5^{\text {th }} 400 \mathrm{M}$ dash $54.1 ; 3^{\text {rd }} 800 \mathrm{M}$ run 2:09.1; $5^{\text {th }} 1600 \mathrm{M}$ run 5:07.6
Micah Erickson $-6^{\text {th }}$ Shot Put 41'1.25"; $3^{\text {rd }}$ Discus $121^{\prime} 7^{\prime \prime}$
Mason Gee $-5^{\text {th }}$ Discus $107^{\prime} 3^{\prime \prime}$
Seth Harms $-4^{\text {th }} 3200 \mathrm{M}$ run 11:06.8
Ben Hier $-6^{\text {th }}$ High Jump 5'4"
Tanner Shea $-3^{\text {rd }} 200 \mathrm{M}$ dash $24.3 ; 6^{\text {th }}$ Triple Jump 40'.5" Jordan Wenzl $-5^{\text {th }} 300 \mathrm{M}$ hurdles 45.9
$6^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 3:59.1 (Shea, Hier, McClellan, Dirks)
$1^{\text {st }}-4 \times 800 \mathrm{M}$ Relay 9:06.4 (Benson, Dolbow, Masur, Harms)


## HIIGH SCHOOL

## MUDECAS

Girls $-2^{\text {nd }}$ Place B Division
Taylor Cockerill $-2^{\text {nd }} 400 \mathrm{M}$ dash 105.9; $1^{\text {st }} 800 \mathrm{M}$ run 2:32; $1^{\text {st }} 1600 \mathrm{M}$ run 5:55.6; $4^{\text {th }}$ High Jump 4' 6 "
Jazzy Eickhoff - $1^{\text {st }}$ Shot Put 35'9.75"; $1^{\text {st }}$ Discus $105^{\prime} 8^{\prime \prime}$
Makaela Fendrick - $1^{\text {st }} 3200 \mathrm{M}$ run 14:15.2
Jayda Furtado $-5^{\text {th }}$ High Jump 4'2"
Ericka Goracke $-6^{\text {th }}$ 200M dash 30.7
Bailey Kahler $-3^{\text {rd }} 200 \mathrm{M}$ dash 30.2
Valerie Keim $-6^{\text {th }}$ Shot Put 29'11"
Becky Williams - $2^{\text {nd }}$ Shot Put $35^{\prime} 6^{\prime \prime} ; 6^{\text {th }}$ Discus $88^{\prime}$
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:00.7 (Kahler, S. Goracke, Fisher, E. Goracke)
$6^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 4:53.7 (Jasa, E. Goracke, Kahler, Fendrick)
$5^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 12:05.4 (Kahler, Stolz, Hestermann, Fendrick)
Boys $-1^{\text {st }}$ Place $B$ Division
Dylan Benson $-3^{\text {rd }} 800 \mathrm{M}$ run 2:11.9; $2^{\text {nd }} 1600 \mathrm{M}$ run 5:12
Austin Buss $-6^{\text {th }} 400 \mathrm{M}$ dash 55.6
Rhet Dirks $-1^{\text {st }} 800 \mathrm{M}$ run 2:05.9; $1^{\text {st }} 1600 \mathrm{M}$ run 5:10.7
Josh Dolbow $-5^{\text {th }} 800 \mathrm{M}$ run 2:15.3
Micah Erickson - $2^{\text {nd }}$ Shot Put $41^{\prime} 3^{\prime \prime} ;$ 1st Discus $124^{\prime} 10^{\prime \prime}$
Seth Harms - 1st 3200M run 11:35.1
Josh Masur - $3^{\text {rd }} 1600 \mathrm{M}$ run 5:25.7
Spencer McClellan - $2^{\text {nd }} 3200 \mathrm{M}$ run 11:51.8
Tanner Shea $-2^{\text {nd }} 100 \mathrm{M}$ dash $12.0 ; 2^{\text {nd }} 200 \mathrm{M}$ dash $25.0 ; 2^{\text {nd }}$ Triple Jump 41'3"
Jordan Wenzl $-5^{\text {th }} 110 \mathrm{M}$ Hurdles $18.1 ; 5^{\text {th }} 300 \mathrm{M}$ Hurdles 45.7
4th $-4 \times 100 \mathrm{M}$ Relay 49.2 (Masur, Dolbow, Wenzl, Buss)
6th $-4 \times 400 \mathrm{M}$ Relay 3:54.5 (Buss, Masur, Shea, Dirks)
1st $-4 \times 800 \mathrm{M}$ Relay 8:57.6 (Benson, Dolbow, Masur, Harms)

## Pioneer Conference

Girls $-6^{\text {th }}$ Place
Taylor Cockerill $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:05; $2^{\text {nd }} 800 \mathrm{M}$ run 2:34.9; $1^{\text {st }} 1600 \mathrm{M}$
run 5:45.2; $5^{\text {th }}$ High Jump 4'4"
Jazzy Eickhoff - $2^{\text {nd }}$ Shot Put $35^{\prime} 5.5^{\prime \prime}$
Makaela Fendrick $-6^{\text {th }} 3200 \mathrm{M}$ Run 14:17.4
Becky Williams $-5^{\text {th }}$ Shot Put 32'3.75"
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 59.5 (Kahler, S. Goracke, Fisher, E. Goracke)
$6^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 12:08.6 (Kahler, Stolz, Hestermann, Fendrick)
Boys - $1^{\text {st }}$ Place
Dylan Benson $-5^{\text {th }} 1600 \mathrm{M}$ run 5:18.1
Austin Buss $-3^{\text {rd }} 200 \mathrm{M}$ dash $24.3 ; 3^{\text {rd }} 400 \mathrm{M}$ dash 56.4
Rhet Dirks $-2^{\text {nd }} 800 \mathrm{M}$ run 2:05.9; $6^{\text {th }} 1600 \mathrm{M}$ run 5:18.5
Josh Dolbow - $5^{\text {th }} 400 \mathrm{M}$ dash 58.1
Micah Erickson - 5th Shot Put 41'9"; 3rd Discus 118'7"
Seth Harms $-2^{\text {nd }} 3200 \mathrm{M}$ run 10:54.6
Ben Hier - $5^{\text {th }}$ High Jump 5'2"
Tanner Shea $-3^{\text {rd }} 100 \mathrm{M}$ dash $11.8 ; 4^{\text {th }} 200 \mathrm{M}$ dash 24.6
Jordan Wenzl $-4^{\text {th }} 100 \mathrm{M}$ dash $11.8 ; 5^{\text {th }} 110 \mathrm{M}$ Hurdles $18.2 ; 2^{\text {nd }} 300 \mathrm{M}$ Hurdles 44.4
4th $-4 \times 100 \mathrm{M}$ Relay 49.0 (Masur, Dolbow, Wenzl, Buss)
2nd - $4 \times 400 \mathrm{M}$ Relay 3:48.8 (Buss, Masur, Shea, Dirks)
1st - $4 \times 800 \mathrm{M}$ Relay 9:06.1 (Benson, Masur, Harms, Dirks)

## Freeman Invite

Girls - 6th Place
Taylor Cockerill - 2nd 800M run 2:34.1; 3rd 1600M run 6:02.2; 2nd 3200M run 13:02.5; 4th High Jump 4'6"
Jazzy Eickhoff - 1st Shot Put 34'6.25"; 3rd Discus 99'4"
Becky Williams - 2nd Shot Put 33'10.25"
5th $-4 \times 100 \mathrm{M}$ Relay 59.4 (Kahler, S. Goracke, Fisher, E. Goracke)
5th $-4 \times 800 \mathrm{M}$ Relay 12:26.1 (Kahler, Hestermann, Fisher, Stolz)

## Boys - 7th Place

Austin Buss - 4th 400M dash 55.7
Rhet Dirks - 1st 800M run 2:03.5
Micah Erickson - 4th Discus 120'1"
Seth Harms - 4th 3200M run 10:53.1
Tanner Shea - 2nd 200M dash 24.0; 6th Triple Jump 39'2.5"
Jordan Wenzl - 4th 300M Hurdles 45.6
3rd - $4 \times 400 \mathrm{M}$ Relay 3:48.9 (Buss, Masur, Shea, Dirks)
1st $-4 \times 800 \mathrm{M}$ Relay 8:48.2 (Benson, Masur, Harms, Dirks)

## Districts

## Girls - 7th Place

Taylor Cockerill - 2nd 800M Run 2:32.5*; 1st 1600M run 5:58.5*; 1st 3200 M run 13:36.3*; 4th High Jump 4' 6 "
Jazzy Eickhoff - 2nd Shot Put 37'10"*; 5th Discus 104'7"
Becky Williams - 4th Shot Put 35'7"
*State Qualifiers

## Boys - 3rd Place

Dylan Benson - 4th 1600M run 5:09; 3rd 3200M run 11:27.2
Austin Buss -6 th 200 M dash 24.5 ; 4th 400 M dash 55.4
Rhet Dirks - 2nd 800M run 2:06.9*; 5th 1600M run 5:11.2
Micah Erickson - 4th Shot Put 42'4"; 3rd Discus $132^{\prime} 8^{\prime \prime}$
Seth Harms - 2nd 3200M run 11:23.8*
Josh Masur - 6th 1600M run 5:27.6
Spencer McClellan - 4th 3200M run 11:46.4
Tanner Shea - 2nd Triple Jump 41'1"*
Jordan Wenzl -6th 100M dash 12.3; 3rd 300M Hurdles 44.3
5th $-4 \times 100 \mathrm{M}$ Relay 49.6 (Masur, Dolbow, Wenzl, Buss)
4th $-4 \times 400 \mathrm{M}$ Relay 3:46.6 (Buss, Masur, Shea, Dirks)
1st $-4 \times 800 \mathrm{M}$ Relay 8:52.3* (Dirks, Masur, Benson, Harms)
*State Qualifiers

## State

Boys $4 \times 800 \mathrm{M}$ Relay - 5 th 8:34.92 (Masur, Dirks, Harms Benson) Taylor Cockerill - 4th 3200M run 12:08.14
Jazzy Eickhoff - 4th Shot Put 39'3"


FRIDAY, JULY 10th @ 7PM
For registration forms visit the school website:
http://www.sterlingjets.org/vimages/shared/vnews/stories/5564b868e9ffc/Pasture\ Blaze\ 2015.pdf

## Wilber Invite

Girls $-7^{\text {th }}$ Place
Morgan Haner $-5^{\text {th }} 100 \mathrm{M}$ dash $14.1 ; 4^{\text {th }} 200 \mathrm{M}$ dash 28.6 Nicole Harms $-3^{\text {rd }} 100 \mathrm{M}$ Hurdles $17.6,3^{\text {rd }} 300 \mathrm{M}$ Hurdles 55.6 Carly Wenzl $-6^{\text {th }} 300 \mathrm{M}$ Hurdles $58.3 ; 4^{\text {th }} 800 \mathrm{M}$ run 2:46.5
Malayna Wingert $-4^{\text {th }} 400 \mathrm{M}$ dash 1:12.2
$6^{\text {th }}-4 \times 800 \mathrm{M}$ Relay 12:05.2
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:02.7
$4^{\text {th }}-4 \times 400 \mathrm{M}$ Relay 5:01.6
Boys- $2^{\text {nd }}$ Place
Trace Dirks $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:02.6
Tristen Dirks $-2^{\text {nd }} 800 \mathrm{M}$ run 2:14.82; $1^{\text {st }} 200 \mathrm{M}$ dash 24.3
Caleb Dolbow $-5^{\text {th }}$ High Jump 4' 6 "; $4^{\text {th }}$ Long Jump $15^{\prime} 9.5^{\prime \prime} ; 3^{\text {rd }} 200 \mathrm{M}$ dash 26.5
Logan Jasa $-2^{\text {nd }} 1600 \mathrm{M}$ run 5:28; $3^{\text {rd }}$ High Jump $4^{\prime} 8 \prime \prime ; 3^{\text {rd }} 800 \mathrm{M}$ run 2:25.2
Ryan Lairmore $-4^{\text {th }}$ Discus $101^{\prime} 5^{\prime \prime}$
Cameron VanGroningen $-1^{\text {st }} 100 \mathrm{M}$ dash 11.7; $3^{\text {rd }} 110 \mathrm{M}$ Hurdles 17.7; $3^{\text {rd }} 300 \mathrm{M}$ Hurdles 47.2
$1^{\text {st }}-4 \times 800 \mathrm{M}$ Relay 9:49.1
$1^{\text {st }}-4 \times 400 \mathrm{M}$ Relay 4:09.2

## Pawnee City Invite

Girls $-2^{\text {nd }}$ Place
Morgan Haner - $2^{\text {nd }} 100 \mathrm{M}$ dash 13.9; $1^{\text {st }} 200 \mathrm{M}$ dash 28.6
Nicole Harms $-2^{\text {nd }} 100 \mathrm{M}$ Hurdles $17.5,2^{\text {nd }} 300 \mathrm{M}$ Hurdles $51.7 ; 2^{\text {nd }}$ Triple Jump 28'8.5"
Sydney Huls $-6^{\text {th }} 400 \mathrm{M}$ dash $1: 12.3$
Alyssa Jurgens $-6^{\text {th }} 100 \mathrm{M}$ dash $14.8 ; 4^{\text {th }} 100 \mathrm{M}$ Hurdles 20.2
Carly Wenzl $-3^{\text {rd }} 400 \mathrm{M}$ dash $1: 10.2 ; 1^{\text {st }} 800 \mathrm{M}$ run $2: 47.5 ; 4^{\text {th }} 300 \mathrm{M}$ Hurdles 58.3
Malayna Wingert-5 ${ }^{\text {th }} 400 \mathrm{M}$ dash 1:11.6
$1^{\text {st }}-4 \times 200 \mathrm{M}$ Relay 2:03.4
$2^{\text {nd }}-4 \times 400 \mathrm{M}$ Relay 5:02.9
Boys $-1^{\text {st }}$ Place
Trace Dirks $-6^{\text {th }} 200 \mathrm{M}$ dash 26.8; $2^{\text {nd }} 400 \mathrm{M}$ dash 1:00.9; $6^{\text {th }}$ Triple Jump 30'11"
Tristen Dirks $-1^{\text {st }} 400 \mathrm{M}$ dash $57.2 ; 1^{\text {st }} 800 \mathrm{M}$ run 2:19.2; $1^{\text {st }} 1600 \mathrm{M}$ run 5:07.8
Caleb Dolbow $-5^{\text {th }}$ (T) High Jump 4' $8^{\prime \prime}$
Logan Jasa $-3^{\text {rd }} 800 \mathrm{M}$ run 2:22.6; $3^{\text {rd }} 1600 \mathrm{M}$ run 5:16.4; $3^{\text {rd }}$ High Jump 4'10"
Ryan Lairmore $-3^{\text {rd }}$ Discus $92^{\prime} 11^{\prime \prime}$
Mark Stark $-6^{\text {th }} 800 \mathrm{M}$ run 2:41.3
Cameron VanGroningen $-3^{\text {rd }} 100 \mathrm{M}$ dash 11.9; $3^{\text {rd }} 200 \mathrm{M}$ dash 25.0 ; $2^{\text {nd }} 110 \mathrm{M}$ Hurdles $18.8 ; 1^{\text {st }} 300 \mathrm{M}$ Hurdles 48.3
$5^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:00
$3^{\text {rd }}-4 \times 200 \mathrm{M}$ Relay 2:04.1
$1^{\text {st }}-4 \times 400 \mathrm{M}$ Relay 4:08.1

## ALL BAND MEMBERS ENTERING

GRADES 8-12: practice for the Sterling

## Picnic will be on July $8^{\text {th }}, 9^{\text {th }}, \& 10^{\text {th }}$

## at 11AM. Please meet in the band room at the

 high school. Parade is on Saturday at 4PM.
## MUDECAS

Girls $-1^{\text {st }}$ Place $B$ Division
Emily Agena - $6^{\text {th }}$ Shot Put 23'2.5"
Morgan Haner $-1^{\text {st }} 100 \mathrm{M}$ dash 14.5; $1^{\text {st }} 200 \mathrm{M}$ dash 30.0
Nicole Harms $-3^{\text {rd }} 1600 \mathrm{M}$ run 6:44.9; $1^{\text {st }} 100 \mathrm{M}$ Hurdles $18.1 ; 1^{\text {st }}$
300 M Hurdles 56.3; $1^{\text {st }}$ Triple Jump 30'1.25"
Sydney Huls - $3^{\text {rd }} 200 \mathrm{M}$ dash 32.1
Alyssa Jurgens $-2^{\text {nd }} 100 \mathrm{M}$ dash 14.9; $5^{\text {th }} 100 \mathrm{M}$ Hurdles 20.7
McKayla Vermeer $-5^{\text {th }} 800 \mathrm{M}$ run 3:00.8
Carly Wenzl $-1^{\text {st }} 400 \mathrm{M}$ dash 1:10.7; $1^{\text {st }} 800 \mathrm{M}$ run 2:46.3; $2^{\text {nd }} 1600 \mathrm{M}$ run 6:38; $3^{\text {rd }} 300 \mathrm{M}$ Hurdles 59.5
Malayna Wingert $-4^{\text {th }}$ 200M dash $32.1 ; 3^{\text {rd }} 400 \mathrm{M}$ dash 1:12.3
$5^{\text {th }}-4 \times 100 \mathrm{M}$ Relay $1: 10.1$
$1^{\text {st }}-4 \times 200 \mathrm{M}$ Relay 2:09.3
$1^{\text {st }}-4 \times 400 \mathrm{M}$ Relay 5:06.8

## Boys $-1^{\text {st }}$ Place $B$ Division

Trace Dirks $-6^{\text {th }} 400 \mathrm{M}$ dash $1: 03.5 ; 5^{\text {th }} 300 \mathrm{M}$ Hurdles $53.3,3^{\text {rd }}$ Triple Jump 31'11"
Tristen Dirks $-3^{\text {rd }} 100 \mathrm{M}$ dash $12.6 ; 1^{\text {st }} 400 \mathrm{M}$ dash $59.0 ; 1^{\text {st }} 800 \mathrm{M}$ run 2:27.7; $1^{\text {st }} 1600 \mathrm{M}$ run 5:25.7
Caleb Dolbow $-5^{\text {th }} 200 \mathrm{M}$ dash 27.2; $6^{\text {th }}$ High Jump 4'9"
Logan Jasa $-2^{\text {nd }} 800 \mathrm{M}$ run 2:30.5; $2^{\text {nd }} 1600 \mathrm{M}$ run 5:26.6; $2^{\text {nd }}$ High Jump 4'10"
Ryan Lairmore $-3^{\text {rd }}$ Shot Put $34^{\prime} 6^{\prime \prime} ; 2^{\text {nd }}$ Discus $99^{\prime} 11^{\prime \prime}$
Mark Stark $-4^{\text {th }} 800 \mathrm{M}$ run $2: 41.5 ; 4^{\text {th }} 1600 \mathrm{M}$ run 6:04.6
Cameron VanGroningen $-4^{\text {th }} 100 \mathrm{M}$ dash $12.8 ; 4^{\text {th }} 200 \mathrm{M}$ dash 26.7 ; $2^{\text {nd }} 110 \mathrm{M}$ Hurdles $18.7 ; 1^{\text {st }} 300 \mathrm{M}$ Hurdles 48.2
$1^{\text {st }}-4 \times 200 \mathrm{M}$ Relay 1:57.5
$3^{\text {rd }}-4 \times 400 \mathrm{M}$ Relay 4:58

## Freeman Invite

Girls $-2^{\text {nd }}$ Place
Emily Agena - $3^{\text {rd }}$ Shot Put $24^{\prime} 6.5^{\prime \prime}$
Morgan Haner - $2^{\text {nd }} 100 \mathrm{M}$ dash 13.9; $1^{\text {st }} 200 \mathrm{M}$ dash 29.5
Nicole Harms $-2^{\text {nd }} 100 \mathrm{M}$ Hurdles $17.8 ; 2^{\text {nd }} 300 \mathrm{M}$ Hurdles 53.1; $2^{\text {nd }}$ Triple Jump 29'8"
Sydney Huls $-5^{\text {th }} 200 \mathrm{M}$ dash $32.4 ; 4^{\text {th }} 400 \mathrm{M}$ dash $1: 12.9$
Alyssa Jurgens $-6^{\text {th }} 100 \mathrm{M}$ dash $14.6,5^{\text {th }}(\mathrm{T}) 100 \mathrm{M}$ Hurdles 20.3
JJ Tallant $-5^{\text {th }}$ Discus $60^{\prime}$
Carly Wenzl $-3^{\text {rd }} 400 \mathrm{M}$ dash 1:11.8; $1^{\text {st }} 800 \mathrm{M}$ run 2:48.4
Malayna Wingert-4 $4^{\text {th }}$ 200M dash 32.1
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay $1: 11$
$2^{\text {nd }}-4 \times 400 \mathrm{M}$ Relay $4: 54.3$
$2^{\text {nd }}-4 \times 800 \mathrm{M}$ Relay 12:04.9
Boys $-2^{\text {nd }}$ Place
Trace Dirks $-2^{\text {nd }} 400 \mathrm{M}$ dash 1:01; $3^{\text {rd }}$ Triple Jump $31^{\prime} 1^{\prime \prime}$
Tristen Dirks $-3^{\text {rd }} 100 \mathrm{M}$ dash 12.0
Caleb Dolbow $-5^{\text {th }} 200 \mathrm{M}$ dash $26.7 ; 6^{\text {th }}$ ( T ) High Jump 4' $6^{\prime \prime}$; $5^{\text {th }}$ Long Jump 15'8.25"
Brian Heusman $-6^{\text {th }} 400 \mathrm{M}$ dash 1:11.2
Ryan Lairmore $-3^{\text {rd }}$ Discus $102^{\prime} 2^{\prime \prime}$
Logan Jasa $-2^{\text {nd }} 800 \mathrm{M}$ run $2: 26 ; 1^{\text {st }} 1600 \mathrm{M}$ run $5: 23.8 ; 5^{\text {th }}$ High Jump 4'8"
Mark Stark $-5^{\text {th }} 1600 \mathrm{M}$ run 5:56.3
Cameron VanGroningen $-2^{\text {nd }} 100 \mathrm{M}$ dash 11.9; $2^{\text {nd }} 200 \mathrm{M}$ dash 24.9; $1^{\text {st }} 110 \mathrm{M}$ Hurdles $18.2 ; 1^{\text {st }} 300 \mathrm{M}$ Hurdles 46.6
$4^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:00.7
$2^{\text {nd }}-4 \times 400 \mathrm{M}$ Relay $4: 25.5$
$3^{\text {rd }}-4 \times 800 \mathrm{M}$ Relay 11:37.3

## Lewiston Invite

Girls $-3^{\text {rd }}$ Place
Morgan Haner $-2^{\text {nd }} 100 \mathrm{M}$ dash $13.6 ; 2^{\text {nd }} 200 \mathrm{M}$ dash 28.2
Nicole Harms $-2^{\text {nd }} 100 \mathrm{M}$ Hurdles $17.2 ; 2^{\text {nd }} 300 \mathrm{M}$ Hurdles $51.8 ; 3^{\text {rd }}$
Triple Jump 29'9.5"
Malayna Wingert $-6^{\text {th }} 400 \mathrm{M}$ dash 1:10.8
Carly Wenzl $-3^{\text {rd }} 800 \mathrm{M}$ run 2:42.7
$6^{\text {th }}-4 \times 100 \mathrm{M}$ Relay 1:02.8
$1^{\text {st }}-4 \times 200 \mathrm{M}$ Relay $2: 01.5$
$2^{\text {nd }}-4 \times 400 \mathrm{M}$ Relay 4:51.9


Boys $-1^{\text {st }}$ Place
Trace Dirks $-3^{\text {rd }} 300 \mathrm{M}$ Hurdles 49.6; $6^{\text {th }}$ Triple Jump 30'4.5"
Tristen Dirks $-3^{\text {rd }} 800 \mathrm{M}$ run 2:29.4; $4^{\text {th }} 1600 \mathrm{M}$ run 5:35.3
Caleb Dolbow $-2^{\text {nd }} 400 \mathrm{M}$ run 59.8
Logan Jasa $-1^{\text {st }} 800 \mathrm{M}$ run $2: 23.6 ; 1^{\text {st }} 1600 \mathrm{M}$ run $5: 19.4 ; 4^{\text {th }}$ High Jump 4'11"
Treygan Keeler $-6^{\text {th }}$ Discus $86^{\prime} 10^{\prime \prime}$
Ryan Lairmore - $5^{\text {th }}$ Shot Put $31^{\prime} 77^{\prime \prime} ; 3^{\text {rd }}$ Discus $98^{\prime}$
Joel Rathe $-5^{\text {th }} 100 \mathrm{M}$ dash 13.4
Mark Stark - $5^{\text {th }} 1600 \mathrm{M}$ run 5:50.5
Cameron VanGroningen $-2^{\text {nd }} 100 \mathrm{M}$ dash 11.7; $2^{\text {nd }} 200 \mathrm{M}$ dash 23.8;
$3^{\text {rd }} 110 \mathrm{M}$ Hurdles $18.5 ; 1^{\text {st }} 300 \mathrm{M}$ Hurdles 45.3
$1^{\text {st }}-4 \times 400 \mathrm{M}$ Relay 4:21.9


Ms. Garton and the Pre-K class would like to thank Mrs. Thies and Grandma Rose for their much appreciated help this school year. You are both one of a kind and preschool wouldn't have been the same without you both!


## Have a great summer!



| SUNDAY | MONDAY |  |
| :---: | :---: | :---: |
| May 31 Cornhusker Girl's State | Boys BB Summer League | ${ }^{2}$ |
| 7 | 8 <br> Boys BB Summer League | 9 |
| 14 | 15 <br> Boys BB Summer League <br> School Board Meeting -7:30PM | 16 |
| 21 | 22 | 23 |
|  | Boys BB Summer League |  |
| 28 | 29 | 30 |
|  | STERLING VOL |  |


| SUMMER WEIGH | IFTING: JUNE 9 | G 7 from 7-9AM | These calendars are subject to change. |  |  | JULY2015 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|  |  |  | 1 | 2 | 3 | $48$ |
|  |  |  | VB CAMP cont. |  |  |  |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
|  |  |  | Band Practice @ 11AM $\qquad$ |  | VB Team Camp @ Concordia |  |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
|  |  |  |  |  | VB TEAM CA | MP@ @ UK |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
|  |  |  | NCA COACHES CLINIC |  |  |  |
| 26 | 27 | 28 | 29 | 30 |  |  |
|  |  |  |  |  | Hastings HS Team Camp |  |



JUNE/JULY 2015 STERLING PUBLIC SCHOOLS

## 250 Main St.

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SUPERINTENDENT
Mike Davis

K-12 PRINCIPAL ACTIVITIES DIRECTOR

Ryun Theobald

GUIDANCE COUNSELOR Jill Shea

Athletic Director Brent Heusman


## HAVE A FUN AND SAFE SUMMER!!!

Stay up to date with all things J ETrelated by going to the school website www.sterlingjets.org or our Facebook page!!!

