

STERLING 1ST QUARTER HONOR ROLL 2014

7TH GRADE

Colby Thies
*McKayla Vermeer

8TH GRADE

Tristan Dirks
*Caleb Dolbow
Morgan Haner
Nicole Harms
Logan Jasa
Cameron VanGroningen
Carly Wenzl
*Malayna Wingert

9TH GRADE

Benjamin Hier
*Zachary Scamehorn
*Daniel Schwenneker
Sheanna Stolz

10TH GRADE

*Austin Buss
*Taylor Cockerill
*Micah Erickson
Valerie Keim

11TH GRADE

Haylee Boldt
Erika Eckhardt
*Erika Goracke
Marah Hestermann
*Hannah Jasa
*Bailey Kahler
Joshua Masur
Thomas Tucker

12TH GRADE

*Megan Barber
*Michel Crisante
Jasmine Eickhoff
*Meri Hietbrink
*Benjamin Logston
*Tanner Shea
*Nathan Thies
*Rebecca Williams

Honor Roll

(Students receiving an overall average of 90% or above, with no grade lower than 85%)

*Honor Roll of Distinction

(Students receiving an overall average of 93% or above, with no grade lower than 90%)

2014-2015 ACT test dates:

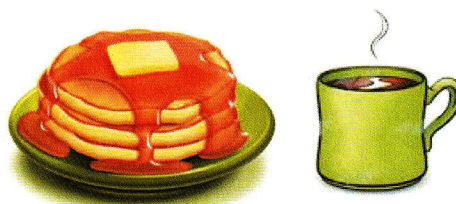
Date	Registration Deadline	(Late Fee Required)
December 13, 2014	November 7, 2014	November 8–21, 2014
February 7, 2015*	January 9, 2015	January 10–16, 2015
April 18, 2015	March 13, 2015	March 14–27, 2015
June 13, 2015	May 8, 2015	May 9–22, 2015

Hunter's Breakfast



Saturday, Nov. 15th
@ St. Mary's
Catholic Church
beginning @

7:30AM. Biscuits, Gravy,
Pancakes, Sausage, Fruit, and
Drinks. *Free Will Donation*



Pioneer Conference Vocal Concert
Monday, November 10th,
Sterling High School 7:00 p.m.
 Guest Director: Dr. Kurt Runestad



Dr. Kurt Runestad has been privileged to be the Director of Choral/Vocal Activities at Doane College since the fall of 2004. At Doane he conducts or co-conducts three of Doane's five choral ensembles, including the acclaimed Doane Choir, which tours nationally and internationally. Recent CDs by the Doane Choir (*Precious Lord*) and *Doublewide and Downpour*) are available for purchase on both iTunes and Amazon, and selections from most of Doane's choral groups are also on YouTube. A Nebraska native, Runestad graduated from St. Olaf College (Northfield, Minnesota) with a B.A. in music education, taught 10 years in the public schools of Iowa and Minnesota, and earned two graduate degrees in choral conducting from the University of Iowa. Runestad is a frequent clinician, arranger, and adjudicator for choirs throughout the Midwest. In 2009 and 2014 he received "Outstanding Teacher of the Year" awards from Doane's Student Congress. He lives in Lincoln, Nebraska with his wife Carly Woythaler-Runestad and their two children, daughter Avery (7) and son Owen (4). He is a board member of the Adams Elementary PTO, and outside of music and parenting also enjoys jogging (slower and slower all the time), gardening, reading, hiking, hunting, and camping and travelling with his family.

Schools Performing: Friend, Southern, Johnson-Brock, Diller-Odell, Lewiston, and Sterling.

Pioneer Vocal Conference Itinerary
Hosted by Sterling High School
Monday, November 10, 2014

~Schools attending: Diller-Odell, Friend, Lewiston, Johnson-Brock, Southern, and Sterling~

8:00-10:50	Report to 1 st -3 rd period
10:55-11:30	Lunch
11:30-12:00	Gym set up
11:30-12:00	school check in
12:00-12:15	get seated/divided into sections
12:15-1:30	first rehearsal
1:30-1:45	break
1:45-3:00	second rehearsal
3:00-3:15	break
3:15-4:15	third rehearsal
4:15-4:30	break
4:30-5:15	FINAL rehearsal
5:15-6:45	Dinner break/ rehearsal for individual choirs (alphabetic order)
5:15-5:30	<i>Diller-Odell High School rehearse</i>
5:30-5:45	<i>Friend High School rehearse</i>
5:45-6:00	<i>Johnson-Brock High School rehearse</i>
6:00-6:15	<i>Southern High School rehearse</i>
6:15-6:30	<i>Sterling High School rehearse</i>
7:00	Concert

*There will be concessions during breaks. Students may bring money if they choose.

*Evening meal will take place in the lunch room/cafeteria. It will consist of tacos, drink and dessert. Concert dress is: appropriate dresses, skirts, dress shirt and/or slacks with dress shoes/sandals.



2014-15 Sterling High Basketball Schedule



<u>Date</u>	<u>Day</u>	<u>Opponent</u>	<u>Place</u>	<u>Time</u>
Nov. 25	Tuesday	Palmyra-Jamboree (GV,BV)	Palmyra	6:00
Dec. 5	Friday	Falls City Sacred Heart (BJV,GV, BV)	Sterling	5:00
Dec. 6	Saturday	Thayer Central (GV, BV)	Hebron	5:00
Dec. 9	Tuesday	Friend (GJV, BJV, GV, BV)	Friend	4:30
Dec. 12	Friday	Diller-Odell (GJV, BJV, GV, BV)	Sterling	4:00
Dec. 16	Tuesday	Meridian (GJV, BJV, GV, BV)	Daykin	4:00
Dec. 19	Friday	Pawnee City (GJV, BJV, GV, BV)	Pawnee City	4:00
Dec. 29-30	Mon-Tues	Heartland Holiday Tourn. (GV, BV)	Henderson	3:00
Jan. 3	Saturday	Weeping Water (GJV, BJV, GV, BV)	Weeping Water	1:00
Jan. 6	Tuesday	Johnson-Brock (GJV, BJV, GV, BV)	Sterling	3:45
Jan. 8	Thursday	Dorchester (GV, BV JV-TBA)	Dorchester	6:00
Jan. 9	Friday	HTRS (GJV, BJV, GV, BV)	Sterling	4:00
Jan. 12-17	Mon-Sat	Mudecas Tournament	Beatrice	TBA
Jan. 23	Friday	Southern (GJV, BJV, GV, BV)	Sterling	4:00
Jan. 24	Saturday	Nebraska City Lourdes (GJV, BJV, GV, BV)	Nebraska City	3:00
Jan. 27	Tuesday	Sutton (GV, BV)	Sterling	5:30
Jan. 30	Friday	Lewiston (GJV, BJV, GV, BV)	Sterling	4:00
Feb. 2-7	Mon-Sat	Pioneer Conference Tourn.	Diller-Odell/Pawnee City Finals- Southern	TBA
Feb. 10	Tuesday	Freeman (GJV, GV)	Adams	6:15
Feb. 13	Friday	Tri County (GJV, GV)	Dewitt	6:00
Feb. 14	Saturday	Omaha Christian Academy (BJV, BV)	Sterling	4:00
Feb. 16-19	Mon-Thur.	Girls Subdistricts	TBA	TBA
Feb. 20	Friday	Freeman (BJV, BV)	Adams	6:15
Feb. 23-26	Mon.-Thur.	Boys Subdistricts	TBA	TBA
Feb. 27	Friday	Girls District Final	TBA	TBA
March 3	Tuesday	Boys District Final	TBA	TBA
March 5-7	Thur.-Sat.	Girls State Tournament	Lincoln	TBA
March 12-14	Thur.-Sat.	Boys State Tournament	Lincoln	TBA



9/10 Basketball Schedule 2014-15

(Boys unless otherwise noted)

Date	Day	Opponent	Time
Dec. 11th	Thursday	@ Lincoln Christian	6:00
Dec. 13th	Saturday	@ HTRS Tournament (B & G)	9:00
Jan. 5th	Monday	@ Beatrice	7:00
Jan. 26th	Monday	@ Johnson-Brock	6:30
Jan. 29th	Thursday	Falls City	7:00
Feb. 9th	Monday	Falls City Sacred Heart	7:00

JV ONLY

Date	Day	Opponent	Time
Jan. 5th	Monday	@ Beatrice	7:00
Jan. 29th	Thursday	Falls City	7:00

Junior High Boys Basketball

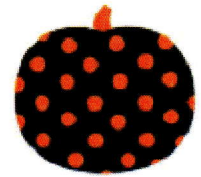
Date	Day	Opponent	Time
Nov. 18th	Tuesday	@Johnson-Brock	4:00
Nov. 22nd	Saturday	HTRS Tournament	9:00
Nov. 25th	Tuesday	Diller-Odell	1:00
Dec. 1st	Monday	@Freeman Tournament	4:00
Dec. 3rd	Wednesday	@ Pawnee City	2:00
Dec. 9th	Tuesday	Lewiston	1:00
Dec.11th	Thursday	@ Falls City Tournament	3:45
Dec. 15th	Monday	@ Lewiston Tournament	5:30
Dec. 17th	Wednesday	@ Freeman	1:00

Junior High Girls Basketball

Date	Day	Opponent	Time
Jan. 20th	Tuesday	Lewiston	1:00
Jan 22nd	Thursday	@ Freeman Tournament	4:00
Jan. 26th	Monday	Pawnee City	2:00
Jan. 28th	Wednesday	Diller-Odell	1:00
Feb. 2nd	Monday	@ FCSH	4:00
Feb. 9th	Monday	@ Lewiston Tournament	5:30
Feb. 11th	Wednesday	@ Freeman	1:00
Feb. 18th	Wednesday	Nebraska City Lourdes	2:30
Feb. 26th	Thursday	@ HTRS	2:00
March 2nd	Monday	@ Johnson-Brock Tournament	4:00

NOVEMBER 2014

MENUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 B-Egg Taco OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Nachos W/ Cheese Sauce or Bean Dip, Corn, Celery w/ PB, Mandarin Oranges</p>	<p>4 B-WG Waffles, Sausage OR WG Cereal/WG Waffle, Fruit, Milk L-Chicken Noodle Soup, PB&J Sandwich, Lettuce Salad, Peaches</p>	<p>5 B-Yogurt Parfait OR WG Cereal/ WG Muffin, Juice/Fruit, Milk L-BBQ Rib on WG Bun, FF and/or Swt. FF, Broccoli w/ Cheese, Pears</p>	<p>6 B-WG Cereal, WG Toast, Fruit, Milk L-Mini Corn Dogs, Baked Beans, Peas, Pineapple Tidbits</p>	<p>7 B-WG French Toast Sticks OR WG Cereal/ WG Muffin, Juice/Fruit, Milk L-Spaghetti, Green Beans, Garlic Bread, Mixed Fruit</p>
<p>10 B-WG Pancakes, Sausage OR WG Cereal/WG Pancake, Juice/ Fruit, Milk L-Ham Patty, Tator Gems and/or Swt. Tator Gems, Peas, Mandarin Oranges HIGH SCHOOL ONLY</p>	<p>11 B-Toaster Pastry OR WG Cereal/WG Muffin, Fruit, Milk L-Vegetable Beef Soup, Lettuce Salad, Cheese Breadsticks, Applesauce</p>	<p>12 B-WG Cereal, WG Toast, Juice/Fruit, Milk L-Chicken Nuggets, Mashed Potatoes w/ Gravy, Corn, Peaches</p>	<p>13 B-Sausage Gravy, WG Biscuits OR WG Cereal/WG Biscuit, Fruit, Milk L-Tacos, Broccoli w/ Cheese, Celery w/ PB, Mixed Fruit</p>	<p>14 B-Omelet, WG Toast OR WG Cereal/ WG Toast, Juice/Fruit, Milk L-Goulash, Green Beans, WG Dinner Rolls w/ Jelly, Pears</p>
<p>17 B-Breakfast Pizza OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Chicken Patty, FF and/or Swt. FF, Broccoli w/ Cheese, Pineapple Tidbits</p>	<p>18 B- Egg Taco OR WG Cereal/WG Muffin, Fruit, Milk L-Submarines, Green Beans, Gelatin, Pears</p>	<p>19 B- WG Waffles, Sausage OR WG Cereal/WG Waffle, Juice/ Fruit, Milk L-Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Peaches</p>	<p>20 B- WG Cereal, WG Toast, Fruit, Milk L-Chili Soup w/ Cheese, WG Cinnamon Roll, Lettuce Salad, Applesauce</p>	<p>21 B-Breakfast Bar OR WG Cereal/WG Muffin, Juice/Fruit, Milk L-Turkey & Dressing, Mashed Potatoes w/ Gravy, Corn, Mixed Fruit</p>
<p>24 B-Scrambled Eggs, WG Toast OR WG Cereal, WG Toast, Juice/Fruit, Milk L-Tomato Soup, Cheese Sandwich, Lettuce Salad, Pears</p>	<p>25 B- Yogurt Parfait OR WG Cereal/ WG Muffin, Fruit, Milk L-Hamburger, FF and/ or Swt. FF, Tomatoes, Applesauce</p>	<p>26 B- WG Cereal, WG Toast, Juice/Fruit, Milk L-Hot Dog on WG Bun, Baked Beans, Corn, Mixed Fruit</p>	<p>27 NO SCHOOL THANKSGIVING DAY!</p>	<p>28 NO SCHOOL THANKSGIVING BREAK!</p>
			<p>Menus are subject to change without notice. <i>USDA is an equal opportunity provider and employer</i></p>	<p><i>Milk served every meal.</i> <i>A variety of fruits and vegetables are offered with every meal.</i></p>



DECEMBER 2014 MENUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B- WG Waffles, Sausage OR WG Cereal/ WG Waffle, Juice/Fruit, Milk L- Chicken Nuggets, Mashed Potatoes w/ Gravy, Corn, Applesauce	2 B- WG Cereal, WG Toast, Fruit, Milk L- Nachos w/ Cheese Sauce or Bean Dip, Glazed Carrots, Celery w/ PB, Peaches	3 B- Yogurt Parfait OR WG Cereal/ WG Muffin, Juice/Fruit, Milk L- Submarines, Corn, Gelatin, Pears	4 B- Egg Taco OR WG Cereal/WG Muffin, Fruit, Milk L- Chicken Noodle Soup, PB & J Sandwich, Lettuce Salad, Mandarin Oranges	5 B- WG French Toast Sticks OR WG Cereal/WG Muffin, Juice/Fruit, Milk L- Burritos, Green Beans, Chips w/ Salsa, Mixed Fruit
8 B- Omelet, WG Toast OR WG Cereal/WG Toast, Juice/Fruit, Milk L- Pork Patty, Mashed Potatoes w/ Gravy, Corn, Pineapple Tidbits	9 B- WG Cinnamon Roll OR WG Cereal/WG Muffin, Fruit, Milk L- Vegetable Beef Soup, Lettuce Salad, Cheese Breadsticks, Pears	10 B- WG Cereal, WG Toast, Juice/Fruit, Milk L- Tacos, Greens Beans, Celery w/ PB, Applesauce	11 B- WG Pancakes, Sausage OR WG Cereal/ WG Pancake, Fruit, Milk L- Potato Bake, Ham Salad or Tuna Salad Sandwich, String Cheese, Mixed Fruit	12 B- Toaster Pastry OR WG Cereal/WG Muffin, Juice/Fruit, Milk L- Chicken Gravy over WG Biscuits/WG Bread, Peas, Peaches
15 B- Egg Taco OR WG Cereal/WG Muffin, Juice/ Fruit, Milk L- Chili Soup, Lettuce Salad, WG Cinnamon Roll, Applesauce	16 B- WG Waffles, Sausage OR WG Cereal/ WG Waffle, Fruit, Milk L- Chicken Fajita, Broccoli w/ Cheese, Rice, Mandarin Oranges	17 B- Scrambled Eggs, WG Toast OR WG Cereal/ WG Toast, Juice/Fruit, Milk L- Roast Turkey, Mashed Potatoes w/ Gravy, Corn, WG Dinner Roll/Jelly, Peaches	18 B- Yogurt Parfait OR WG Cereal/ WG Muffin, Fruit, Milk L- Spaghetti, Green Beans, Garlic Bread, Pears	19 B- WG Cereal, WG Toast, Juice/Fruit, Milk L- Hot Dog on WG Bun, Peas, Mixed Fruit
22 NO SCHOOL CHRISTMAS BREAK!	23	24	25 CHRISTMAS DAY!	26
29	30	31	Menus are subject to change without notice. <i>USDA is an equal opportunity provider and employer</i>	<i>Milk served every meal.</i> <i>A variety of fruits and vegetables are offered with every meal.</i>

November 2014 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	This calendar is subject to change.					1	
2 Daylight savings time	3 VB Sub Districts vs. Diller-Odell - 5PM @ Auburn	4	5 NeSA Recognition Assembly @ 10AM in the gym EducationQuest Financial Aid Mtg. - 6:30PM @ Freeman	6 3rd grade Field Trip to SAC Museum VB District Finals @ TBA	7 Middle School Sportsmanship Summit @ UNL 10:30AM FFA Fall Banquet @ Hartman Cattle Company - 6:30PM	8	
9	10 NO ELEMENTARY SCHOOL Pioneer Conference Vocal Clinic @ Sterling/ HTRS Concert @ 7PM	11 Veterans Day Program @ 9:15 in the gym	12 FFA Livestock Judging Competition	13	14 NO SCHOOL - PreK	15	
16	17 Winter Practice Begins School Board Mtg. @ 7:30PM	18 JH Boys BB @ Johnson-Brock - 4PM	19 H.S. Sportsmanship Summit @ Doane College Pioneer One Act Play @ Friend	State Volleyball @ Lincoln			
				20 UNL Math Day	21	22 JH Boys BB@ HTRS Tournament - 9AM	
23	24 One Act Play Public Performance @ 7PM Hamlette by Allison Williams	25 JH Boys BB vs. Diller/Odell HOME -1PM GV/BV BB Jamboree @ Palmyra - 6PM	26 NOON DISMISSAL	27 NO SCHOOL Thanksgiving Break HAPPY THANKSGIVING!!!	28 NO SCHOOL Thanksgiving Break	29	
						30	

December 2014 Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 District One Act Play @ Meridian JH Boys BB @ Freeman Tourn. - 4PM	2	3 JH Boys BB @ Pawnee City - 2PM	4	5 G/B/ BB vs. FCSH (JVB, GV, BV) HOME - 5PM	6 G/B BB @Thayer Central (GV, BV) - 5PM
7	8 County Govt. Day - Juniors HS Christmas Concert Small Groups - 7:30PM in the gym	9 JH Boys BB vs. Lewiston HOME - 1PM G/B BB @ Friend (4 games) - 4:30PM	10 State One Act Play @ Norfolk	11 JH Boys BB @ Falls City Tourn. - 3:45PM 9/10 Boys BB @ Lincoln Christian - 6PM Elem. Christmas Concert - 7:30PM	12 G/B BB vs. Diller-Odell HOME - 4PM NO SCHOOL - PreK	13 9/10 G/B @ HTRS Tourn. - 9AM ACT TEST DATE
14	15 JH Boys BB @ Lewiston Tourn. - 5:30PM School Board Mtg. - 7:30PM	16 G/B BB @ Meridian (4 games) - 4Pm	17 JH Boys BB @ Freeman - 1PM	18 HS Christmas Concert Large Groups - 7:30PM	19 End of 2nd Quarter G/B BB @ Pawnee City (4 games) - 4PM	20
21	22	23	24	25	26	27
DIBELS K-5 (16-19)						
Semester Testing (17-19)						
				MERRY CHRISTMAS!!!		
5 Day Practice Moratorium (24-28)						
28	29	30	31	1 January	2 Teacher Inservice NO SCHOOL	3 G/B BB @ Weeping Water (4 games) - 1PM
Moratorium						
Heartland Holiday Tourn. @ Henderson - TBA						

**NOV./DEC.
2014
STERLING
PUBLIC
SCHOOL**

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SUPERINTENDENT

MIKE DAVIS

K-12 PRINCIPAL

ACTIVITIES DIRECTOR

RYUN THEOBALD

GUIDANCE COUNSELOR

JILL SHEA

ATHLETIC DIRECTOR

BRENT HEUSMAN

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Tradition of Excellence*



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DON'T FORGET...

- Nov. 2 - Daylight Savings Time - Fall back 1 hour
- Nov. 5 - EducationQuest Financial Aid Mtg - 6:30Pm @ Freeman
- NeSA Recognition Assembly @ 10AM in the gym
- Nov. 10 - NO ELEMENTARY SCHOOL
- Nov. 11 - Veterans Day Program @ 9:15AM in the gym
- Nov. 14 - NO PreK SCHOOL
- Nov. 17 - Winter Practice Begins
- Nov. 24 - One Act Play Public Performance @7PM -Hamlette by Allison Williams
- Nov. 26 - NOON DISMISSAL
- Nov. 27-28 - THANKSGIVING BREAK
- Dec. 8 - HS Christmas Concert (Small Groups) @ 7:30PM in the gym
- Dec. 11 - Elementary Christmas Concert @ 7:30PM in the gym
- Dec. 12 - NO PreK SCHOOL
- Dec. 18 - HS Christmas Concert (Large Groups) @ 7:30PM in the gym
- Dec. 19-Jan. 5 - CHRISTMAS BREAK