2018 NSAA STATE TRACK AND FIELD CHAMPIONSHIP SCHEDULE

Omaha Burke Stadium, 12200 Burke Blvd., Omaha, NE--Friday & Saturday--May 18 & 19, 2018



Friday, May 18—All Preliminaries-<u>except the 3200 meter events</u>

The first running event will begin at 9:00 A.M., with the girls' Class D events being run first, followed by the girls' Class B, boys' Class D, and boys' Class B events. At 3:00 P.M. Classes C and A will begin with girls' Class C, followed by girls' Class A, boys' Class C, and boys' Class A events. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

Classes D and B				
9:00 A.M.	3200 Meter Relay Finals			
9:55 A.M.	100 Meter High Hurdles			
10:15 A.M.	110 Meter High Hurdles			
10:35 A.M.	100 Meter Dash			
11:15 A.M.	400 Meter Dash			
11:55 A.M.	3200 Meter Run Finals			
12:55 P.M.	300 Meter Low Hurdles			
1:15 P.M.	300 Meter Int. Hurdles			
1:35 P.M.	200 Meter Dash			

Classes C and A				
3:00 P.M.	3200 Meter Relay Finals			
3:55 P.M.	100 Meter High Hurdles			
4:15 P.M.	110 Meter High Hurdles			
4:35 P.M.	100 Meter Dash			
5:15 P.M.	400 Meter Dash			
5:55 P.M.	3200 Meter Run Finals			
6:55 P.M.	300 Meter Low Hurdles			
7:15 P.M.	300 Meter Int. Hurdles			
7:35 P.M.	200 Meter Dash			

Saturday, May 19--All Finals

<u>All Classes.</u> The first running event will begin at 9:30 A.M. with the girls' Class D 800 meter run. It will be followed by girls' C, B, and A. The boys' four classes will then follow in the same order. These times are approximate. Events will not start more than 15 minutes ahead of the posted times.

800 Meter Run		
400 Meter Relay		
100 Meter High Hurdles		
110 Meter High Hurdles		
100 Meter Dash		
400 Meter Dash		
1600 Meter Run		
300 Meter Low Hurdles		
300 Meter Int. Hurdles		
200 Meter Dash		
1600 Meter Relay		

*****Field Events *****

Event	Boy/Girl	CLASS A	CLASS B	CLASS C	CLASS D
Long Jump	♦ Boys	3:00 p.m. Sat.	8:30 a.m. Sat.	10:30 a.m. Sat.	1:00 p.m. Sat.
	*Girls	3:00 p.m. Fri.	11:00 a.m. Fri.	5:30 p.m. Fri.	9:00 a.m. Fri.
Triple Jump	♦ Boys	6:00 p.m. Fri.	9:00 a.m. Fri.	3:00 p.m. Fri.	12:00 p.m. Fri.
	*Girls	11:00 a.m. Sat.	1:30 p.m. Sat.	8:30 a.m. Sat.	3:30 p.m. Sat.
Shot Put	♦ Boys	5:30 p.m. Fri.	9:00 a.m. Fri.	3:30 p.m. Fri.	11:00 a.m. Fri.
	*Girls	1:00 p.m. Sat.	11:00 a.m. Sat.	3:00 p.m. Sat.	8:30 a.m. Sat.
Discus	♦ Boys	11:00 a.m. Sat.	1:00 p.m. Sat.	8:30 a.m. Sat.	3:00 p.m. Sat.
	*Girls	3:00 p.m. Fri.	12:00 p.m. Fri.	5:30 p.m. Fri.	9:00 a.m. Fri.
High Jump	♦ Boys	3:00 p.m. Fri.	12:00 p.m. Fri.	5:30 p.m. Fri.	9:00 a.m. Fri.
	*Girls	3:00 p.m. Sat.	8:30 a.m. Sat.	1:00 p.m. Sat.	10:30 a.m. Sat.
Pole Vault	♦ Boys	9:00 a.m. Sat.	9:00 a.m. Fri.	3:30 p.m. Fri.	1:00 p.m. Sat.
	*Girls	3:30 p.m. Fri.	9:00 a.m. Sat.	1:00 p.m. Sat.	9:00 a.m. Fri.