



NEBRASKA SCHOOL SAFETY & SECURITY 2024 FALL NEWS



BADGE RECOGNITION

Let your school community know how you keep schools safe and secure by earning a badge certifying your efforts to "Place School Safety First"!

FINISH READING ON PG. 2



WELCOME

The School Safety & Security Team is here to provide guidance and support to all Nebraska schools in prevention, preparedness, response, and recovery efforts to keep educational communities safe and secure.

Digital Parent Academy



Preparing Parents to Be More Digitally Wise with Their Children

SUBSCRIBE TO OUR YouTube CHANNEL

The Digital Parent Academy is available in a four-part series to view on our channel. Play the introduction video on your digital billboards to strike parents' interests to become digitally wise!

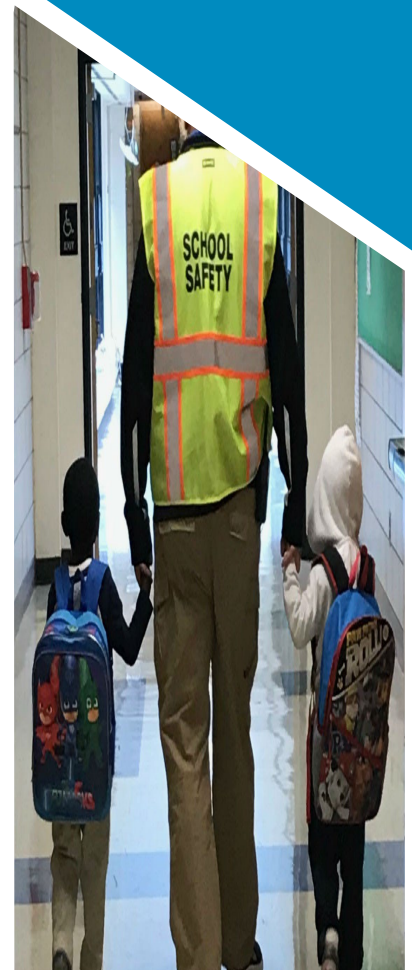
FINISH READING ON PG. 3

COMING SOON

School Safety Summit October 17, in Kearney. See panel discussions, breakouts, and the first Awardee of the Nebraska School Safety & Security Award.

Check out all the other new training opportunities coming from the NDE Safety Team!

SEE THE OFFERINGS ON PGS. 4, 5, 6





BADGE CERTIFICATION OPPORTUNITY

Letting School Communities Know...

...your school or school district is identified and recognized by the Nebraska Department of Education for meeting the highest standards in school safety and security. Schools across Nebraska are putting in the hard work to complete an Emergency Operations Plan, required trainings, drills, and all the other best practices to "Place School Safety First". The NDE School Safety Team wants to highlight this commitment to ensure the safety and security of students, staff, and visitors with the ability to earn a Diamond, Gold, or Silver badge.

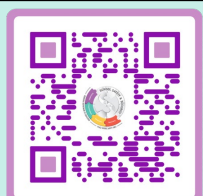
A Diamond badge, earned by scoring 95% or better, certifies a school or district is fulfilling the requirements or best practices supporting the four pillars of school safety: prevention, preparedness, response, and recovery. A Gold badge recognizes schools in the 80 to 94 percentiles, and a Silver badge is identified in the 70 to 79 percentiles. Simply use the QR code or URL below to fill out the badge certification checklist to be recognized today!

We would like to congratulate the first three school districts to earn their Diamond Badge status by completing the form right after Administration Days when the recognition system was announced at NDE Day. **Scribner-Snyder, Lawrence-Nelson, and Kearney Public schools earned the Diamond Certification Badge to "Place School Safety First" reassuring their communities that they have the highest possible safety standards being practiced in their districts.**

The Diamond Badges will be delivered to display on their schools' windows, digital websites, and social media platforms to continually remind any guests to their buildings or digital media sites that they are doing all they can to protect citizens at their school. Learning can only happen in schools when we are in safe environments. Fill out the Badge Certification Checklist today to honor your school community's commitment to safety!

Click the URL for the Badge Certification Checklist to recognize your schools hard work in school safety and security: <https://forms.gle/wvBKpjM4NqjS8uk6A>

Or scan the QR code to quickly answer the yes/no questions on your mobile device:



Place School Safety First

Subscribe



Join to get the best school safety content!

Newest Content: Four-Part Digital Parent Academy & Webinar Series After a Suicide.

The NDE School Safety YouTube Channel contains a variety of content that is available for everyone at: <https://www.youtube.com/@ndeschoolsafety9410>.

Parents can watch the four-part Digital Parent Academy in small bites to become more aware of how digital media platforms are designed to manipulate, misinform, and emotionally exploit us. Ultimately, it is about teaching parents how to be more digitally fit to help with their child's virtual and overall well-being! Digital platforms are impacting the social, mental, and emotional well-being of youth. It is up to the parents to harness digital nuances and make those tough decisions on how to influence their child's digital life. The Parent Academy series will aide them with some tools to improve digital practices at home. Another series is Anne Moss Rogers

webinars "*After a Suicide*" which she created for us at the end of last school year. For anyone who missed the three different webinars they are now available on our safety channel.

A great group of videos to build student relationships and character is Steve Hartman's Kindness 101 series. The videos on compassion, empathy, friendship, inclusion, and much more are great three-to-five-minute videos to get conversations started for adults to use with students around the respective character-building topics.

Additional videos on Swatting, Safe2Help Nebraska, Narcan, Substance Use, PFA-S, and EOP's are also here to help school communities. If we are missing something on our channel, please let us know or contact me directly at jay.martin@nebraska.gov.

Get Ready There is New School Safety Material

The Emergency Operations Plan (EOP) online Learning Management System (LMS) in Canvas will be done this fall. School Safety Teams will have access to the EOP template and the 12 modules to complete a high-quality product. The LMS will give teams the flexibility to train and work on their EOP when they have the time. This is a huge step in helping schools have better outcomes when a real situation happens.

Another Option for School Safety Infrastructure Funding: Qualified Capital Purpose Undertaking Fund (QCPUF).

Ten million was distributed in the School Safety-Related Infrastructure Grant. However, if you need additional funds or did not get some of these funds, another alternative is QCPUF. A district would need to include any tax asking in their budget for the year, which is required to be approved on or before September 30th each year.

School safety infrastructure has been added as an allowable use under the QCPUF:

The QCPUF Fund is a taxing fund and not part of the \$1.05 cap. Effective April 19, 2016, the tax levy for this fund is restricted to 3¢. The tax levy for QCPUF projects in place prior to April 19, 2016, remains at 5.2¢. The levy may exceed the 3¢ levy limit if valuation has decreased from the previous year bond(s) were issued, and the bond principal and interest obligation cannot be met.

School Safety & Security Summit October 17th in Kearney.

Keynote Lisa Hamp Virginia Tech shooting survivor will provide lessons learned and the need for resiliency. Summit theme is *Response* where we will have panel discussions on Swatting and Tornado incidents. There will be breakout sessions around a variety of topics. School Safety Teams, first responders, and any other school personnel are welcome!



First School Safety & Security Award will be handed out at the School Safety Summit in Kearney on October 17, 2024. The Safety Summit Committee received several nominee's and had the difficult task of selecting a recipient. We want to thank all the nominees for their sacrifice in the safety and security of others. We have many people doing great things in school safety across Nebraska. The NDE, School Safety Team appreciates all the hard work being done to protect school communities!

A blue rectangular graphic with a QR code on the left. To the right of the QR code, the text reads "SCHOOL SAFETY & SECURITY SUMMIT INFO" in white. Below the QR code, it says "School Safety Summit". To the right of the QR code, it says "REGISTRATION OPENS IN SEPTEMBER" in white.

The logo for "SAFE2HELP NEBRASKA" in green and blue. To the right is a QR code. Below the logo and QR code, the phone number "833-980-SAFE (7233)" is displayed in green.

A blue button with the text "SAFE2HELPNE.ORG" and a red button with the text "CLICK HERE" and a white arrow pointing left.



Training Coming

Digital Presentations for Students, Staff, and/or Parents

- 📺 August 8th Johnson County Central – Digital Parenting
- 📺 August 12th Sargent - School Safety/Digital with Staff
- 📺 August 13th Cambridge Schools & Parents – Digital Day
- 📺 April 14th Scribner-Snyder- Digital Parenting
- 📺 August 15th Johnson Brock Schools & Parents – Digital Day
- 📺 August 19th Homer Schools - Staff & Digital Parenting
- 📺 August 20th Winnebago – Student/Staff/Parents -Digital
- 📺 September 12th Neligh-Oakdale School/Parents-Digital Day
- 📺 September 13th Dorchester – Student/Staff/Parents Digital
- 📺 September 18th Wasua School & Parents – Digital Day
- 📺 September 19th St. Bernard Catholic – Digital Parenting
- 📺 September 26th & 27th MTSS Conference in Kearney
- 📺 September 27th Afterschool Conference in Kearney
- 📺 September 30th Educational Planning Conference, LaVista
- 📺 October 2nd Thayer Central School/Parents – Digital Day
- 📺 October 9th Bruning Meridian School/Parents -Digital Day
- 📺 October 17th SCHOOL SAFETY SUMMIT, KEARNEY
- 📺 November 4th Pawnee City School & Parent – Digital Day
- 📺 November 20th to 22nd State Education Conference, Omaha

Psychological First Aid for Schools

- 📺 September 16th 17th – ESU 13 Melissa Brymer
- 📺 September 18th – Virtual Refresher – Sally Carlson
- 📺 September 19th 20th – ESU 9 Melissa Brymer
- 📺 November 6th - Virtual Refresher – Sally Carlson

Suicide Prevention

- 📺 August 28th 12:30 to 2:00 CT School Procedures for Suicide Risk Assessment -Zoom
- 📺 August 29th 9:00 to 10:30 CT School Procedures for Suicide Risk Assessment - Zoom

Threat Assessment – Hybrid Sessions

- 📺 October 24th 25th – Basic ESU 4 or Zoom
- 📺 November 7th – Level 2 ESU 5 or Zoom

Emergency Operations Plan (EOP) LMS Training

- 📺 October the Learning Management System self-paced online learning will be available in Canvas.

Tuning-In to Better Mental Health with Music

- 📺 September 23rd 4pm to 5:30pm CT. Dr. Barbara Minton virtual training and a free flash drive with Calum Graham’s music and her research booklet.





NDE, School Safety & Security and Mental Health Teams Bring You...

Tuning-In to Better Mental Health with Music

Dr. Barbara Minton will present a live virtual training via zoom on Monday,

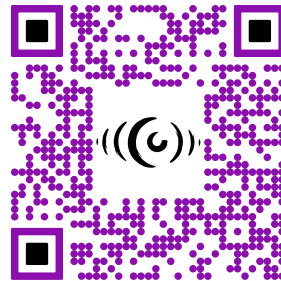
23 SEPTEMBER 2024
4 PM - 5:30 PM CT

This program aims to enhance students' capacity for calm, focused attention, and better self-regulation through the power of music. By utilizing brain responses to tempo, frequency, timbre, and tonality, along with neuroscience research, music has been composed to improve the cognitive and emotional well-being of students, ultimately creating better student outcomes.



Register here

<https://forms.office.com/r/yvXSnf1Btk>



After the training listen how to receive a **FREE** flash drive with the composed song files and Dr. Minton's research booklet to begin using with your students to optimize their functioning in school!

Register with the QR Code or link. Registered individuals will receive an emailed ZOOM link



Dr. Barbara Minton

Psychologist, Board Certified in Neurofeedback



Calum Graham
International Acoustic Guitar Musician



2024-2025

Psychological First Aid for Schools (PFA-S) Team Remote Refresher Training



The goal of utilizing PFA-S is to help strengthen the team response and recovery process for dealing with hazards, threats, and incidents. The PFA-S response can assist students and staff in recovering from distressful reactions to a crisis and in building adaptive coping skills. PFA-S training is provided remotely through ZOOM and at no cost to schools and ESUs.

Training Components



Examine the role of PFA-S in the Nebraska School Safety Model



Review the 8 Core Actions of PFA-S



Complete Tabletop Exercises Tied to Standard Response Protocols



Develop Social Media Messages for Your Team

Training Schedule - Register for one date:

- **September 18, 2024** (8:30-3:30 CT)
- **November 6, 2024** (8:30-3:30 CT)
- **February 5, 2025** (8:30-3:30 CT)
- **April 9, 2025** (8:30-3:30 CT)



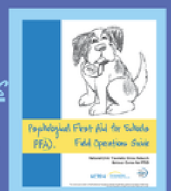
[Click here to Register for Training:](#)



Want to learn more about PFA-S? [Click here](#)



[Manual for all PFA-S Trainings](#)



For more information, please visit us online at <https://www.education.ne.gov/safety/psychological-first-aid-for-school>



Email us at [PFA @ Nebraska.gov](mailto:PFA@Nebraska.gov)



NDE School Safety Suicide Prevention



*Back to School Zoom Training
for School Mental Health Professionals*

School Procedures for Suicide Risk Assessment

**"One of the most important things you can do on
this earth is let people know they are not alone."
Shannon L. Alder**

Participants will gain an understanding of:

- current suicide concerns for youth
- suicide risk factors and warning signs
- steps for developing suicide risk assessment procedures
- two evidence-based risk assessment tools for schools (SBQ-R & Columbia-SSRS)
- resources to support suicide prevention in schools

Remote/Zoom Training Opportunities



**Wednesday
August 28, 2024
12:30-2:00 PM CT**

OR



**Thursday
August 29, 2024
9:00-10:30 AM CT**

All training is provided at no charge...

**Register here for either
of the Zoom trainings:**



[Registration Link](#)

or copy this link into your browser:
<https://docs.google.com/forms/d/e/1FAIpQLSeNrll3bxe7iKqIXVZICJ8pWPVx6PBAB7FZZwNQ-6YwUGsUEg/viewform>

Training Offered by NDE School
Safety Suicide Prevention Team:



SuicidePrevention@Nebraska.gov
OV

Nebraska Suicide Awareness/Prevention

Approved Training for School Personnel



Nebraska LB 705 - §79-2 146, Effective for 2023-2024 school year

- School districts must provide at least one hour of behavioral and mental health training with a focus on suicide awareness and prevention each year for **any** school staff member who has contact with students.
 - The school district superintendent is responsible for the selection of the annual training.
- * indicates there may be a fee with training. All Trainings are approved by NSSPC, NAMI, and AFSP.*

Applied Suicide Intervention Skills Training (ASIST)

- Intensive 2 day, in-person interactive, and practice-dominated course.
- Designed to help recognize and review risk, and intervene to prevent the immediate risk of suicide.
- *A fee may be charged for the training.



Building a Suicide-Safe School Community

- Offers free online interactive training designed for faculty and staff at all levels within schools.
- Equips staff for proactive prevention, intervention, and postvention.
- Allows choice of 3 different training module options.



Hazelden Lifelines Prevention Staff Training

- This staff training component is part of the Hazelden Lifelines Prevention program, along with student curriculum and parent training modules.
- Training is presented in-person by the school's designated staff.
- Manual includes slides for the presentation, with NDE PowerPoint available.



Kognito

- Interactive online one-hour role-play simulation training. Participants may choose from three simulations: At-Risk for Elementary, Middle, or High School Educators.
- Certificates are provided upon completion.
- *Districts responsible for the cost of training.



Making Educators Partners in Youth Suicide Prevention

- One-hour, free online training program designed in a series of modules with videos and interactive activities.
- Educators are taught their responsibilities for identifying and referring potentially suicidal youth.
- Includes links to extensive supplemental resources.



Question, Persuade, Refer (QPR)

- QPR is approved through in-person or online trainings.
- The training is a 1-2 hour education program designed to teach personnel the warning signs of a suicide crisis and how to respond. Free in-person training may be available through trained facilitators with your Behavioral Health Regions or ESU; contact them for details.
- Certificates of completion will be provided.



Youth Mental Health First Aid

- One day training through in-person or blended model.
- Focus on understanding and responding to mental health challenges including suicidal ideation among children and adolescents ages 12-18.
- *May require training fee depending on the training facilitator.



Youth Suicide: Awareness, Prevention and Postvention

- Jason Flatt Act - Nebraska through Safe Schools
- *Online training offered free for districts enrolled in Safe Schools (Vector Solutions), or districts can utilize direct bill for payment.
- Interactive training overviewing prevention, intervention and postvention procedures.





Anne Moss Rogers

National Suicide Prevention Specialist

Anne Moss Rogers presented three webinars in April and May of 2024 for NDE School Safety. These webinars are now available on the NDE School Safety YouTube channel. The links to the videos and the resource folders she provided are below. Each recording is about an hour long.

Anne Moss Rogers is a mental health and suicide prevention speaker, trainer, and consultant. After her 20-year-old son, Charles died by suicide in 2015, Anne Moss wrote her award-winning memoir, Diary of a Broken Mind and in 2020, she co-wrote the best seller, Emotionally Naked: A Teacher's Guide to Preventing Suicide and Recognizing Students at Risk with Dr. Kimberly O'Brien. Anne Moss currently lives in Richmond, VA.



Coping Strategies for Grief and Loss: Healing in a School Community After a Suicide Loss

 **Link:** <https://youtu.be/soOSyu2V9W8>

Webinar Description:

This presentation included Anne Moss's practical steps on managing the pain of suicide loss facilitated by a mother who lost a son and others to suicide. It includes case studies and videos of how educators have managed grief from suicide while also fostering community healing.



Addiction and the Tragic Link to Suicide: Awareness and Prevention Strategies for Schools

 **Link:** <https://youtu.be/JURqUMXreSc>

Webinar Description:

This presentation dispels common myths about suicide and substance misuse while delivering a message of hope, and empowering regular humans with the skills to recognize and help prevent this threat to life.



Spotting Students at Risk of Suicide: Signs and Early Intervention Strategies for Grades PK-6

 **Link:** <https://youtu.be/VcuFaz3Qvhs>

Webinar Description:

Schools have something few other environments have and that's opportunity for early intervention and genuine human connection. This presentation focuses on how we can leverage these opportunities to bolster a culture of student wellness and build early resilience to prevent suicide.



Threat Assessment

BY: MARIO SCALARO & DENISE BULLING

BASIC THREAT ASSESSMENT

July 30/31, 2024

ESU 3 -6949 So 110th Street,
LaVista plus Zoom

[Registration Here](#)

October 24/25, 2024

ESU 4 - 2301 Dahlke Ave,
Auburn plus Zoom

[Registration Here](#)

January 29/30, 2025

ESU 8 -110 W 3rd St, Neligh plus
Zoom

[Registration Here](#)

CONTACT INFO

CONTACT Deb Hericks

EMAIL dhericks@esucc.org

PHONE 402-597-4843

[COST REIMBURSEMENT FORM](#)

LEVEL 2 - THREAT COMMUNICATION

November 7, 2024

ESU 5 - 900 W Court St,
Beatrice plus Zoom

[Registration Here](#)

February 12, 2025

ESU 16, 314 W 1st St, Ogallala
plus Zoom

[Registration Here](#)

LEVEL 3 - THREAT MANAGEMENT

December 3, 2024

ESU 16, 314 W 1st St, Ogallala
plus Zoom

[Registration Here](#)

March 21, 2025

ESU 6 -210 5th St, Milford plus
Zoom

[Registration Here](#)

Basic Threat Assessment

Threat assessment and management evolved from practices used to assess and manage potential risk of violence. This K-12 school team training will help your school form or enhance the team that will focus on identifying, assessing and managing the risk/threat of violence posed by students, staff, and community members toward the school community. Schools are encouraged to participate with a team of at least 4 members (e.g., administrators, faculty/staff, security or law enforcement partner, and mental health partner). The purpose of threat assessment teams is distinct from issues addressed by safety teams, student behavior teams, and crisis response teams, though all of these school teams may be implicated in strategies for monitoring and managing potential threats. Teams will leave the workshop with sample protocols to adapt for use in their school environment. The objectives for this two-day training include:

1. Identify and use the principles of threat assessment and management in school settings
2. Demonstrate effective strategies for assessing risk
3. Formulate strategies for monitoring and managing risk
4. Describe effective threat assessment and management protocols appropriate for school settings
5. Apply principles of threat assessment and management to case examples

Level 2 - Threat Communication

****Prerequisite: Need to have taken Threat Assessment - Level I Training****

- Dealing with assessment challenges
- Assessing emerging issues related to threat assessment (e.g., extremism, social media, mental illness)
- Managing cases over time
- Coordinating management strategies with community resources

Level 3 - Threat Management

Prerequisite: Need to have taken Threat Assessment - Level I Training*

During this one-day training, participants will explore practical threat management strategies for use in school settings. Different interventions will be discussed that are appropriate for use with students or adults/staff.

Effective interventions are built on good information and feedback that can be difficult to obtain due to privacy or legal barriers. Training will include strategies for addressing these barriers.

Participants will enhance their ability to obtain good information via interactions with subjects, witnesses, and targets by enhanced elicitation skill building activities.



NO-COST CPR/AED TRAINING SIGN-UP

FUNDING FOR THE THE NO-COST TRAINING EXPIRES 9/30/24!



Training Partners:

- Children’s Nebraska- Coordinating Statewide On-line training, Matt Carper
- ESU 4- Felicia Martin: fmartin@esu4.net
- Northeast District Health Department- Peggy Triggs: peggy@nnphd.org
- Panhandle District Health Department- Nicole Berosek: nberosek@pphd.ne.gov
- South Heartland District Health Department- Brooke Wolfe: brooke.wolfe@shdhd.ne.gov

Contact Matt or agencies in your service area to set up a training at your building or access the no-cost on-line training by 9/30/2024!

Training Includes:

- Basic CPR skills
- Basic AED skills
- Real-life Demonstration
- Skills Test

CPR/AED Training Details

The NSAA now requires all certified **coaches and NSAA activity sponsors** to be CPR/AED certified once every two years, beginning with the **2024-25 school year**.

New coaches must take the certification, in addition to the three required classes (Head, Heart, Heat) prior to beginning coaching.

Per the NSAA each member school must keep a record of these certifications on file. The NSAA CPR/AED Certification Statement can be found at bit.ly/3Wwd1F3

Contact a training partner in your service area (list to the left) to find out about in-person trainings. Scan the QR code below to request an online training license. Note that an in-person skills check with a local trainer will also be required for certification.

Questions? Contact Matt
[***mcarper@childrensnebraska.org***](mailto:mcarper@childrensnebraska.org)



SCAN ME



REGISTER FOR ON-LINE TRAINING AT BIT.LY/3Y8CISV OR SCAN THE QR CODE

Space is limited so register today!