



Sterling JETS Youth Basketball

10,000 SHOT-CLUB | SUMMER CHALLENGE!

Challenge for those Entering grades 3rd thru 8th

Use this sheet to calculate your total number of shots



Date	# of shots	Date	# of shots	Date	# of shots	Date	# of shots	Date	# of shots
5/23		6/12		7/2		7/22		8/11	
5/24		6/13		7/3		7/23		8/12	
5/25		6/14		7/4		7/24		8/13	
5/26		6/15		7/5		7/25		8/14	
5/27		6/16		7/6		7/26		8/15	
5/28		6/17		7/7		7/27		8/16	
5/29		6/18		7/8		7/28		8/17	
5/30		6/19		7/9		7/29		8/18	
5/31		6/20		7/10		7/30		8/19	
6/1		6/21		7/11		7/31		8/20	
6/2		6/22		7/12		8/1		8/21	
6/3		6/23		7/13		8/2		8/22	
6/4		6/24		7/14		8/3		8/23	
6/5		6/25		7/15		8/4		8/24	
6/6		6/26		7/16		8/5		8/25	
6/7		6/27		7/17		8/6		8/26	
6/8		6/28		7/18		8/7		8/27	
6/9		6/29		7/19		8/8		8/28	
6/10		6/30		7/20		8/9		8/29	
6/11		7/1		7/21		8/10		8/30	
TOTAL =		TOTAL =		TOTAL =		TOTAL =		TOTAL =	

Grand Total

Good Luck and Get Shootin'!

Total Number of Shots Taken

Pro Tips >>>>>

**** There are 100 total days between May 23rd and August 30th, so your goal would be to average 100 shots per day ****

**** Stay on Track to meet your Goal by Averaging 2000 total shots per column!**

**** Make it easy to get to 100/day by picking 10 spots on the court and shoot 10 shots at each position**

Work on your Free Throws by having the the Free Throw Line be one of those positions!

**** If you miss a day, you may have to shoot extra the next day to make them up and stay on track.**

Player's Name:

Parent/Guardian Signature:

for certification of completed shots. PLEASE BE HONEST WHEN COMPLETING THE FORM.

**Upon completion of the challenge please turn in the worksheet into the
School Office prior to Labor Day Break.**

**Players who complete the challenge will be recognized for their achievements!!
Best of luck to all of you!**

We can't wait to see all of the improved shots next season on the court!